

PCOS



➤ क्यों होती है PCOS
की समस्या ?

जानिए संपूर्ण
जानकारी



```
graph TD; C((Causes)) --- A(irregular menstrual cycles); C --- B(Heredity); C --- D(Excess androgen); C --- E(obesity);
```

Causes

**irregular
menstrual
cycles**

Heredity

**Excess
androgen**

obesity

SYMPTOMS

- ❑ Irregular periods
- ❑ Abnormal hair growth
- ❑ Acne
- ❑ Obesity
- ❑ Darkening of the skin
- ❑ Thinning hair
- ❑ Infertility

TREATMENT

- **Hormonal birth control**
- **Insulin-sensitizing medicine**
- **Medications to block androgens**
- **Lifestyle changes**

Risk Factors

- **Diabetes.**
- **High blood pressure.**
- **Cardiovascular disease.**
- **Endometrial cancer.**
- **Sleep disorders such as sleep apnea.**
- **Depression and anxiety.**



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MEDICINE DICTIONARY

(Complete A TO Z Information)

पाइये दवाइयाँ से सम्बन्धित
सम्पूर्ण जानकारी



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