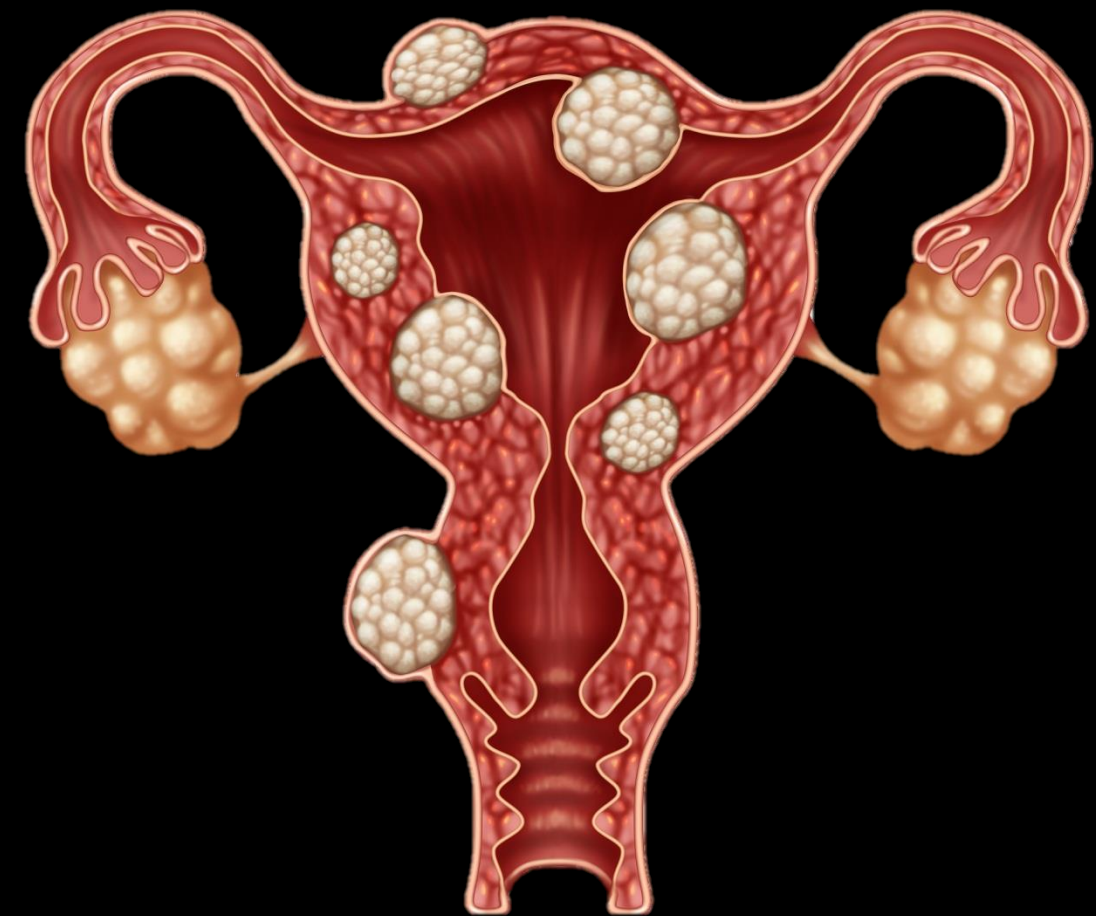


UTERINE FIBROIDS



➤ क्या होता है ??

जानिए संपूर्ण
जानकारी

```
graph TD; C((Causes)) --- Y[Family history of fibroids.]; C --- O[higher body mass index]; C --- B[Late age for menopause]; C --- G[Not having children];
```

Causes

**Family
history of
fibroids.**

**higher body
mass index**

**Not having
children**

**Late age for
menopause**

SYMPTOMS

- ❑ Excessive or painful bleeding during your period.
- ❑ bloating.
- ❑ Frequent urination Low back pain.
- ❑ Constipation or feeling pressure on your rectum.
- ❑ Long-term (chronic) vaginal discharge.
- ❑ Inability to pee or completely empty your bladder.

TREATMENT

- **Progestin-releasing intrauterine device**
- **Surgery**
- **Over-the-counter (OTC) pain medications**
- **Oral therapies**
- **Myomectomy**
- **Hysterectomy**

Risk Factors

- ❖ **Obesity and a higher body mass index (BMI).**
- ❖ **Family history of fibroids.**
- ❖ **Not having children.**
- ❖ **Early onset of menstruation**
- ❖ **Late age for menopause.**



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