



RRB PHARMACIST

2024

MODEL PAPER -36

TIME:-

9 P.M

40 QUESTIONS

WITH DETAILED EXPLANATION

SUBJECT -

PHARMACOLOGY

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1. Flush, flare and wheal is associated with injection of which drug

- (a) Ergocalciferol
- (b) Digitalis
- (c) Atropine
- (d) Histamine

1. Flush, flare and wheal is associated with injection of which drug

- (a) Ergocalciferol
- (b) Digitalis
- (c) Atropine
- (d) Histamine**

Action of Histamine on Blood vessels

- Dilate smaller blood vessels (capillaries). H1 (early) and H2 (delayed).
- It causes dilation of small blood vessels and can result in flushing and hypotension.
- ↑se capillary permeability through separation of endothelial cells – exudation of plasma.
- Injected transdermally causes “triple response”.
 - ✓ Red spot (Vasodilation)
 - ✓ Wheal (exudation of fluid)
 - ✓ Flare (spread redness)

2. Pre-administration of which drug reduces severity of adverse effects of Dimercaprol injection

- (a) Antihistaminic
- (b) Adrenergic beta antagonist
- (c) Cholinergic nicotinic antagonist
- (d) Urinary acidifying agents

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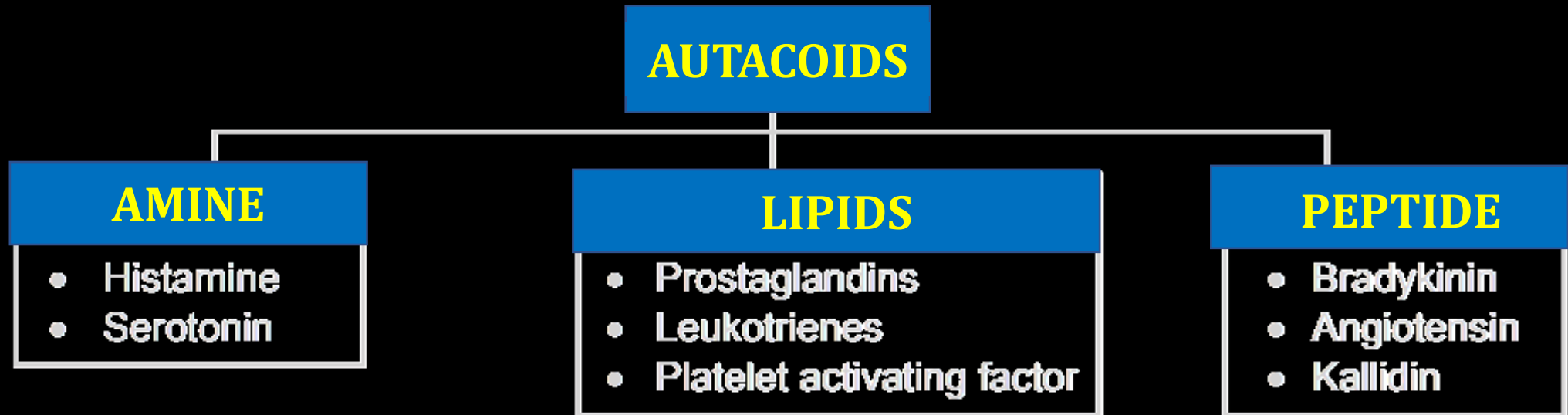
3. Which of the following is an amine autacoid

- (a) Prostaglandins
- (b) Leukotriene
- (c) Histamine
- (d) Bradykinin

3. Which of the following is an amine autacoid

- (a) Prostaglandins
- (b) Leukotriene
- (c) Histamine**
- (d) Bradykinin

Classification



4. The first stage of characteristic triple response upon injection of histamine is

- (a) Wheal
- (b) Flush
- (c) Flare
- (d) Dolor

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 - ✓ Red spot (Vasodilation)
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 - ✓ Flare (spread redness)

5. Cetirizine is an antihistaminic agent with

- (a) High-sedative potential
- (b) Low-sedative potential
- (c) High-antidepressant potential
- (d) Low-antidepressant potential

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- (a) High-sedative potential
- (b) Low-sedative potential**
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Classification of Antihistaminic

1st Generation H1 Antihistaminics

Highly Sedative	Moderately Sedative	Mild Sedative
Diphenhydramine Dimenhydrinate Promethazine Hydroxyzine	Pheniramine Cyproheptadine Meclozine (Meclizine) Buclizine Cinnarizine	Chlorpheniramine Dexchlorpheniramine Triprolidine Cyclizine Clemastine

6. Identify antihistamine drug with additional serotonin receptor block and good appetite stimulant property

- (a) Cyproheptadine
- (b) Cimetidine
- (c) Ranitidine
- (d) Chlorpheniramine

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- (c) Ranitidine
- (d) Chlorpheniramine

Cyproheptadine: It blocks 5 HT2A, H1 and muscarinic receptors. It increases appetite and can be used in children to promote weight gain.

7. Clinically H1 Antihistamines are used for

- (a) Allergic conditions
- (b) Inhibition of gastric secretion
- (c) Improving learning
- (d) Inflammatory condition

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- (a) Allergic conditions
- (b) Inhibition of gastric secretion
- (c) Improving learning
- (d) Inflammatory condition

H1 antihistamines, formerly known as H1 receptor antagonists or H1 receptor blockers, are among the most commonly used medications in the world not only for prevention and treatment of symptoms allergic reactions.

8. Which of the following effect is NOT mediated by Histamine type-2 receptors

- (a) Vasodilatation
- (b) Bronchoconstriction
- (c) Gastric acid secretion
- (d) Tachycardia

8. Which of the following effect is NOT mediated by Histamine type-2 receptors

- (a) Vasodilatation
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- (c) Gastric acid secretion
- (d) Tachycardia

	H1	H2	H3
Selective agonists	<ul style="list-style-type: none"> • 2-Methyl histamine • 2-Pyridylethylamine • 2-Thiazolyl ethylamine 	<ul style="list-style-type: none"> • Dimaprit • Impromidine 	<ul style="list-style-type: none"> • α-Methyl histamine • Imetit
Selective antagonists	<ul style="list-style-type: none"> • Mepyramine • Chlorpheniramine 	<ul style="list-style-type: none"> • Cimetidine • Ranitidine 	<ul style="list-style-type: none"> • Thioperamide • Impromidine
Distribution in body: actions mediated	<ul style="list-style-type: none"> a) Smooth muscle (intestine, airway, uterus)—contraction b) Blood vessels <ul style="list-style-type: none"> • Endothelium: Release of NO and, PGI₂—vasodilatation. (widening of gap junctions—increased capillary permeability) • Smooth muscle of larger vessels—vasoconstriction. a) Afferent nerve endings—stimulation b) Ganglionic cell—stimulation. c) Adrenal medulla—release of CAs. d) Brain—transmitter. 	<ul style="list-style-type: none"> a) Gastric glands—acid secretion b) Blood vessels (smooth muscle)—dilatation c) Hear Thioperamide - <ul style="list-style-type: none"> • Atria: +ve chronotropy • Ventricles: +ve inotropy a) Uterus (rat)—relaxation b) Brain—transmitter 	<ul style="list-style-type: none"> a) Brain (presynaptically)—inhibition of histamine release →sedation b) Lung, spleen, skin, gastric mucosa — decrease histamine release c) Ileum—inhibition of Ach release from myenteric plexus neurones d) Certain blood vessels—inhibit NA release →vasodilatation

9. Patients taking a first generation H1 Antihistaminic should be advised to avoid

- (a) Taking milk products
- (b) Driving motor vehicles
- (c) Hard physical exertion
- (d) All of these

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- (a) Taking milk products
- (b) Driving motor vehicles
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- (d) All of these**

H1 Receptor Antagonist

1 st Generation	2 nd Generation
They can cross BBB	They can't cross BBB
Causes sedation and drowsiness	Not causes sedation and drowsiness
Have anticholinergic action	No anticholinergic action
Side effects – dryness, blurring of vision, constipation, urinary retention	No side effects
Uses – Anti-emetic, drug induced parkinsonism, common cold	Uses – allergy and inflammation

10. High anticholinergic property is present in the following antihistaminic

- (a) Astemizole
- (b) Diphenhydramine
- (c) Terfenadine
- (d) Cetirizine

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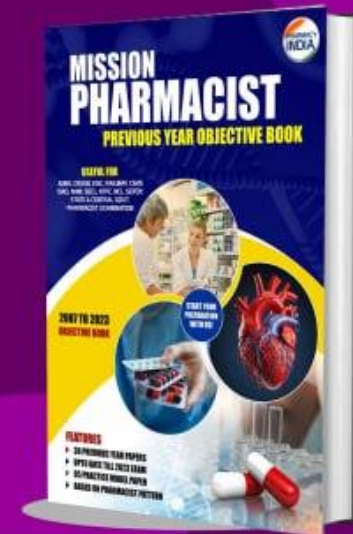
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11. Which of the following is TRUE about Latanoprost

- (a) Increase trabecular mesh work outflow
- (b) Increase uveoscleral outflow
- (c) Cause papillary dilation
- (d) Cause Iris hyperpigmentation by stimulating the multiplication of melanocytes

11. Which of the following is TRUE about Latanoprost

- (a) Increase trabecular mesh work outflow
- (b) Increase uveoscleral outflow**
- (c) Cause papillary dilation
- (d) Cause Iris hyperpigmentation by stimulating the multiplication of melanocytes

Eye

- $\text{PGF}_{2\alpha}$ decreases intraocular pressure by increasing the uveoscleral outflow.
- Latanoprost ($\text{PGF}_{2\alpha}$) is being used as eye drops for glaucoma.
- Bimatoprost, travaprost and unoprostone are new prostaglandin analogues for this indication.

12. Which among the following is antihistaminic drug

- (a) Diphenhydramine
- (b) Chlordiazepoxide
- (c) Pilocarpine
- (d) Amphetamine

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2nd Generation H1 Antihistaminics

Fexofenadine

Loratadine

Desloratadine

Cetirizine

Levocetirizine

Azelastine

Mizolastine

Ebastine

Rupatadine

13. A moderately sedative antihistamine

- (a) Promethazine
- (b) Hydroxyzine
- (c) Clemastine
- (d) Antazoline

13. A moderately sedative antihistamine

- (a) Promethazine
- (b) Hydroxyzine
- (c) Clemastine
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Classification of Antihistaminic

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14. What is the role of Misoprostol

- (a) Is helpful in preventing ulcers induced by NSAIDS
- (b) Can cause constipation
- (c) Does not inhibit acid secretion
- (d) Can delay labour in pregnant woman

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- (a) Is helpful in preventing ulcers induced by NSAIDS
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GIT

- PGE₂ and PGI₂ decrease acid secretion and increase mucus production and mucosal blood flow. All these factors decrease the chances of peptic ulcer. NSAIDs on long term use can precipitate PUD due to inhibition of PG synthesis.
- Misoprostol is the most specific drug for the treatment of peptic ulcer due to chronic NSAID use. [Remember, the drug of choice is proton pump inhibitors]

15. Which one of the following receptor is NOT a ligand-gated ion channel receptor

- (a) Nicotinic Receptor
- (b) 5HT-Receptor
- (c) GABA Receptor
- (d) H₂ Receptor

15. Which one of the following receptor is NOT a ligand-gated ion channel receptor

- (a) Nicotinic Receptor
- (b) 5HT-Receptor
- (c) GABA Receptor
- (d) H₂ Receptor**

Ion Channel Receptors

- Fastest acting.
- These cell surface receptors, also called ligand gated ion channels/ inotropic receptor.
- Binding of agonist to ion channel → Opens the ion channel (Na^+ , K^+ , Ca^{2+} or Cl^-) → flow of ions through channel → causes depolarization/hyperpolarization → tissue response.
- **Examples -**
 - Nicotinic receptor
 - Cholinergic receptor
 - GABA_A receptor
 - Glycine (inhibitory AA) receptor
 - Excitatory AA-glutamate (kainate, NMDA and AMPA) and 5HT₃ receptors.

16. The non-sedating antihistaminic is

- (a) Terfenadine
- (b) Diphenyl hydrazine
- (c) Meclizine
- (d) Mepyramine

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- (b) Diphenyl hydrazine
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- (d) Mepyramine

2nd Generation H1 Antihistaminics

Fexofenadine

Loratadine

Desloratadine

Cetirizine

Levocetirizine

Azelastine

Mizolastine

Ebastine

Rupatadine

17. Which one of the following is ethylene diamine derivative anti-histamine agent

- (a) Carbinoxamine
- (b) Triprolidine
- (c) Methapyrilene
- (d) Diphenhydramine

17. Which one of the following is ethylene diamine derivative anti-histamine agent

- (a) Carbinoxamine
- (b) Triprolidine
- (c) Methapyrilene**
- (d) Diphenhydramine

Methapyrilene is a member of the class of ethylenediamine derivatives that is ethylenediamine in which one of the nitrogens is substituted by two methyl groups, and the other nitrogen is substituted by a 2-pyridyl group and a (2-thienyl)methyl group.

18. All of the following are second generation except

- (a) Desloratadine
- (b) Fexofenadine
- (c) Azelastine
- (d) Promethazine

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- (a) Desloratadine
- (b) Fexofenadine
- (c) Azelastine
- (d) Promethazine**

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Loratadine

Desloratadine

Cetirizine

Levocetirizine

Azelastine

Mizolastine

Ebastine

Rupatadine

19. Which of the following is NOT a second- generation Antihistamine

- (a) Astemizole
- (b) Promethazine
- (c) Cetirizine
- (d) Loratadine

19. Which of the following is NOT a second- generation Antihistamine

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- (b) Promethazine**
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Desloratadine

Cetirizine

Levocetirizine

Azelastine

Mizolastine

Ebastine

Rupatadine

20. Which of the following is an H₂ receptor antagonist

- (a) Cyclizing
- (b) Cimetidine
- (c) Propoxyphene
- (d) Loperamide

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	H1	H2	H3
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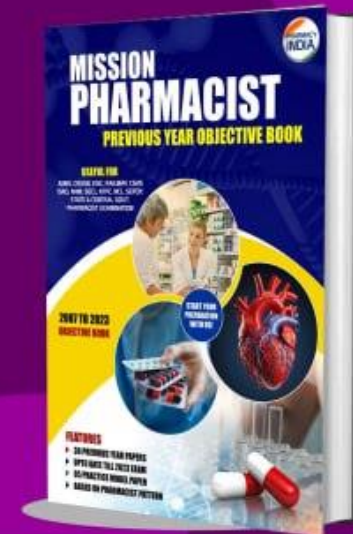
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21. Which of the following is NOT a second generation. antihistaminic

- (a) Cyclizine
- (b) Fexofenadine
- (c) Loratadine
- (d) Acrivastine

**21. Which of the following is NOT a second generation.
antihistaminic**

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22. A highway truck driver has profuse rhinorrhea and sneezing, which amongst the following drugs would you prescribe him

- (a) Pheniramine
- (b) Promethazine
- (c) Dimenhydrinate
- (d) Cetirizine

22. A highway truck driver has profuse rhinorrhea and sneezing, which amongst the following drugs would you prescribe him

- (a) Pheniramine
- (b) Promethazine
- (c) Dimenhydrinate
- (d) Cetirizine**

2nd Generation H1 Antihistaminics

Fexofenadine

Loratadine

Desloratadine

Cetirizine

Levocetirizine

Azelastine

Mizolastine

Ebastine

Rupatadine

23. 5-Hydroxytryptamine is also called as

- (a) Glycine
- (b) Serotonin
- (c) Dopamine
- (d) Tryptamine

23. 5-Hydroxytryptamine is also called as

- (a) Glycine
- (b) Serotonin**
- (c) Dopamine
- (d) Tryptamine

5-hydroxytryptamine (serotonin) is synthesized from tryptophan.

It is produced by hydroxylation followed by decarboxylation of tryptophan; steps similar to catecholamine synthesis.

It is similarly stored in the vesicles and its action is terminated by reuptake.

24. A drug which is NOT an anti-histaminic

- (a) Chlorpheniramine
- (b) Promethazine
- (c) Diphenhydramine
- (d) Chlorpromazine

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- (b) Promethazine
- (c) Diphenhydramine
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- (b) Promethazine
- (c) Diphenhydramine
- (d) Chlorpromazine

ANTI-PSYCHOTICS

CLASSIFICATION	CLASS	DRUGS
Phenothiazines	Aliphatic side chain	Chlorpromazine, Triflupromazine
	Piperidine side chain	Thioridazine
	Piperazine side chain	Trifluoperazine, Fluphenazine
Butyrophenones	Haloperidol, Trifluoperidol, Penfluridol	
Thioxanthine	Flupenthixol	
Other heterocyclic	Pimozide, Loxapine, Levosulpride	
Atypical neuroleptics	Clozapine, Risperidone, Olanzapine, Quetiapine, Aripiprazole, Ziprasidone, Amisulpiride, Zotepine	

25. Which of the following is short acting β_2 -agonist used in asthma

- (a) Terbutaline
- (b) Salmeterol
- (c) Formoterol
- (d) None of these

25. Which of the following is short acting β_2 -agonist used in asthma

- (a) Terbutaline**
- (b) Salmeterol
- (c) Formoterol
- (d) None of these

BETA AGONISTS

- Salbutamol (albuterol), levalbuterol, bitolterol, fenoterol, metaproterenol, terbutaline, pirbuterol, salmeterol, formoterol, arformoterol, carmoterol and indacaterol are selective β_2 agonists useful in bronchial asthma.
- These drugs should not be used in mother having heart disease or diabetes mellitus.
- β_2 agonists can also produce tachycardia, palpitations, tremors, hyperglycemia and hypokalemia.

26. Commonest side effect of antihistaminic is

- (a) Sedation
- (b) Tinnitus
- (c) Euphoria
- (d) Lassitude

26. Commonest side effect of antihistaminic is

- (a) Sedation**
- (b) Tinnitus
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H1 Receptor Antagonist

1 st Generation	2 nd Generation
They can cross BBB	They can't cross BBB
Causes sedation and drowsiness	Not causes sedation and drowsiness
Have anticholinergic action	No anticholinergic action
Side effects – dryness, blurring of vision, constipation, urinary retention	No side effects
Uses – Anti-emetic, drug induced parkinsonism, common cold	Uses – allergy and inflammation

27. All are uses of antihistaminic EXCEPT

- (a) Urticaria
- (b) Motion sickness
- (c) Pruritus
- (d) Glaucoma

27. All are uses of antihistaminic EXCEPT

- (a) Urticaria
- (b) Motion sickness
- (c) Pruritus
- (d) Glaucoma

Uses of H1 and H2 Antihistaminic

1. Allergic disorders
2. Pruritides
3. Common cold
4. Motion sickness
5. Vertigo
6. Preanaesthetic medication
7. Cough
8. Parkinsonism
9. Acute muscle dystonia
10. As sedative, hypnotic, anxiolytic

28. All of the following are the roles of Histamine EXCEPT

- (a) It increases appetite
- (b) It produces sensation of itch
- (c) Causes bronchoconstriction
- (d) Increases gastric acid secretion

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Histamine Actions

1. Blood vessels

- Dilate smaller blood vessels (capillaries). H1 (early) and H2 (delayed).
- ↑se capillary permeability through separation of endothelial cells – exudation of plasma.
- Injected transdermally causes “triple response”.
 - ✓ Red spot (Vasodilation)
 - ✓ Wheal (exudation of fluid)
 - ✓ Flare (spread redness)

2. Smooth muscle

- Contraction of intestine, bronchi, and uterus (H1).

3. Glands

- Increase gastric HCl secretion (H2).

4. CNS

- Histamine is ionized – “No CNS effect”.

Betahistine – Histamine analogue that is used orally to treat vertigo in mendeier's disease. Improving blood flow in inner ear.

29. What is the fatal dose of Antihistamines

- (a) 1 to 5 mg/Kg
- (b) 25 to 50 mg/Kg
- (c) 5 to 10 mg/k mg
- (d) 10 to 15 mg/Kg

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- (a) 1 to 5 mg/Kg
- (b) 25 to 50 mg/Kg**
- (c) 5 to 10 mg/k mg
- (d) 10 to 15 mg/Kg

The fatal dose of Antihistamines 25 to 50
mg/Kg.

30. What is the maintenance dose of Roxatidine

- (a) 150 mg Twice a day
- (b) 75 mg at Bed time
- (c) 150 mg Three times a day
- (d) 75 mg three times a day

30. What is the maintenance dose of Roxatidine

- (a) 150 mg Twice a day
- (b) 75 mg at Bed time**
- (c) 150 mg Three times a day
- (d) 75 mg three times a day

Roxatidine

- The pharmacodynamic, pharmacokinetic and side effect profile of roxatidine is similar to that of ranitidine, but it is twice as potent and longer acting.
- It has no antiandrogenic or cytochrome P450 inhibitory action.
- Dose: 150 mg at bed time or 75 mg BD; maintenance 75 mg at bed time.



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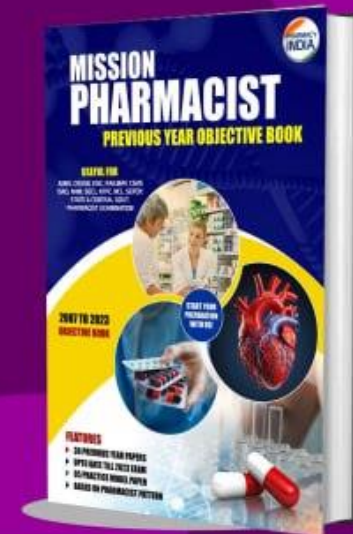
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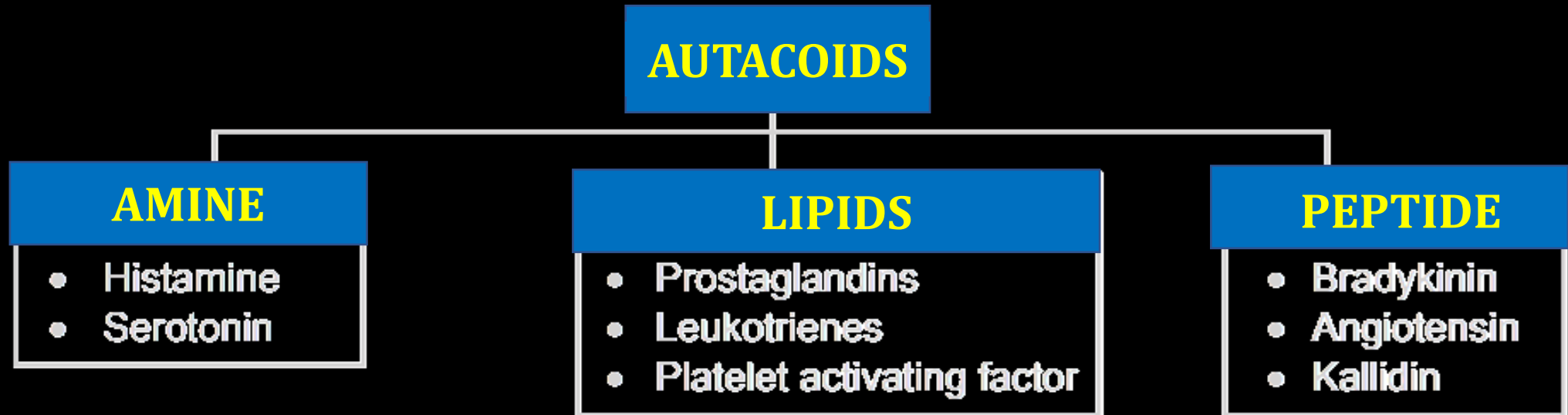
31. Which of the following is NOT a lipid derived autacoid

- (a) Leukotrienes
- (b) Prostaglandins
- (c) Histamine
- (d) Platelet activating factor

31. Which of the following is NOT a lipid derived autacoid

- (a) Leukotrienes
- (b) Prostaglandins
- (c) Histamine**
- (d) Platelet activating factor

Classification



32. Tissue amine widely distributed in plants, animals and in the venom of Bees and Wasps

- (a) Serotonin
- (b) Tyramine
- (c) Histamine
- (d) Adrenaline

32. Tissue amine widely distributed in plants, animals and in the venom of Bees and Wasps

- (a) Serotonin
- (b) Tyramine
- (c) Histamine**
- (d) Adrenaline

- **Histamine, meaning 'tissue amine' (histos—tissue) is almost ubiquitously present in animal tissues and in certain plants, e.g. stinging nettle.**
- **Histamine is also present in blood, most body secretions, venoms and pathological fluids.**

33. Cyclizine is a

- (a) 5- HT₃ antagonist
- (b) 5 HT₄ antagonist
- (c) H₁ antagonism
- (d) H₁ agonist

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Classification of Antihistaminic

1st Generation H1 Antihistaminics

Highly Sedative	Moderately Sedative	Mild Sedative
Diphenhydramine Dimenhydrinate Promethazine Hydroxyzine	Pheniramine Cyproheptadine Meclozine (Meclizine) Buclizine Cinnarizine Antazoline	Chlorpheniramine Dexchlorpheniramine Triprolidine Cyclizine Clemastine

34. Drugs which treat rhinitis and other allergic conditions

- (a) Antimicrobial agents
- (b) Amphetamine
- (c) Penicillamine
- (d) Antihistamines

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Uses of H1 and H2 Antihistaminic

1. Allergic disorders
2. Pruritides
3. Common cold
4. Motion sickness
5. Vertigo
6. Preanaesthetic medication
7. Cough
8. Parkinsonism
9. Acute muscle dystonia
10. As sedative, hypnotic, anxiolytic

35. 5-HT produces contraction of smooth muscle and platelet aggregation via receptor

- (a) 5-HT₁
- (b) 5-HT₂
- (c) 5-HT₃
- (d) 5-HT₄

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- (a) 5-HT₁
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- (c) 5-HT₃
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**36. Which of the following is a plasma
kinin**

- (a) Kallidin
- (b) Serotonin
- (c) Histamine
- (d) Renin

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- Plasma kinins are polypeptides split off from a plasma globulin Kininogen by the action of specific enzymes Kallikreins.
- The two important plasma kinins, Kallidin (decapeptide) and Bradykinin (nonapeptide) were discovered around 1950 by two independent lines of investigation into the hypotensive activity of urine and certain snake venoms.

37. The drug which blocks both H₁ and 5HT₂ receptors is

- (a) Phenoxybenzamine
- (b) Cyproheptadine
- (c) Ritanserin
- (d) Ondansetron

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Cyproheptadine

- **It primarily blocks 5-HT_{2A} receptors and has additional H₁ antihistaminic, anticholinergic and sedative properties**
- **Like other antihistaminics, it has been used in allergies and is a good antipruritic, but the anti 5-HT action has no role in these conditions.**
- **It increases appetite and has been used in children and poor eaters to promote weight gain.**

38. A 5HT_{1B/1D} receptor agonist useful in migraine is

- (a) Sumatriptan
- (b) Ketanserin
- (c) Ergotamine
- (d) Methysergide

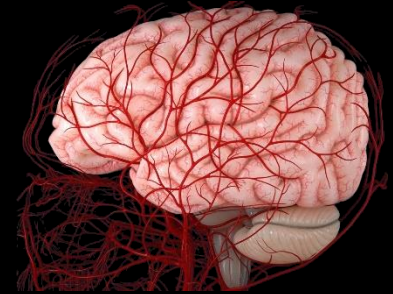
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1. 5HT_{1A}

Drug : Buspirone stimulate 5HT_{1A}

Rx of Anxiety [chronic anxiety]



2. 5HT_{1B/D} - Blood vessel of brain

Stimulant → Vasoconstriction

Rx of migrane

Drug : Sumatriptan and Naratriptan

3. 5HT_{2A/C} - Blood vessel

Stimulant → BP ↑ { Vasoconstriction }

Drug : Kitanserin , Ritanserin

39. The following Ergot derivative is used for treatment of acute migraine attack

- (a) Paracetamol
- (b) Sumatriptan
- (c) Ergotamine
- (d) Metoclopramide

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DRUGS THERAPY OF MIGRAINE



DRUGS FOR ACUTE MIGRAINE

(1) Nonsteroidal anti-inflammatory drugs (NSAIDs) –

- Used alone or in combination
- E.g., Paracetamol, Aspirin, Ibuprofen, Naproxen.

(2) Antiemetic –

- Used to treat nausea, vomiting.
- E.g., Metoclopramide, Domperidone, Promethazine, diphenhydramine.

(3) Ergot Preparation - Dihydroergotamine.

(4) Triptans –

- Selective, 5-HT_{1B/1D} agonist
- E.g., Sumatriptan, Rizatriptan
- Cause Constriction of dilated, cranial blood vessels.
- Acute migraine is treated with sumatriptan and act as 5HT_{1D} receptor agonist.

40. Which of the following is used for an acute attack of Migraine

- (a) Bromocriptine
- (b) Cinnarizine
- (c) Sumatriptan
- (d) Ondansetron

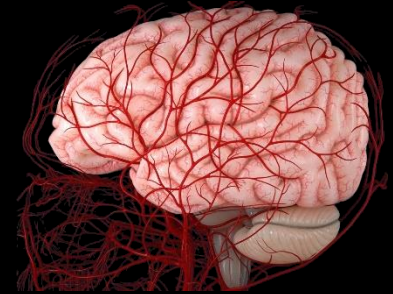
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PREPARING FOR PHARMACIST EXAM

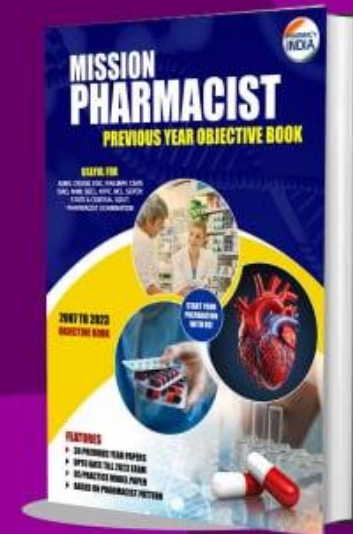
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