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BY TANU MAM

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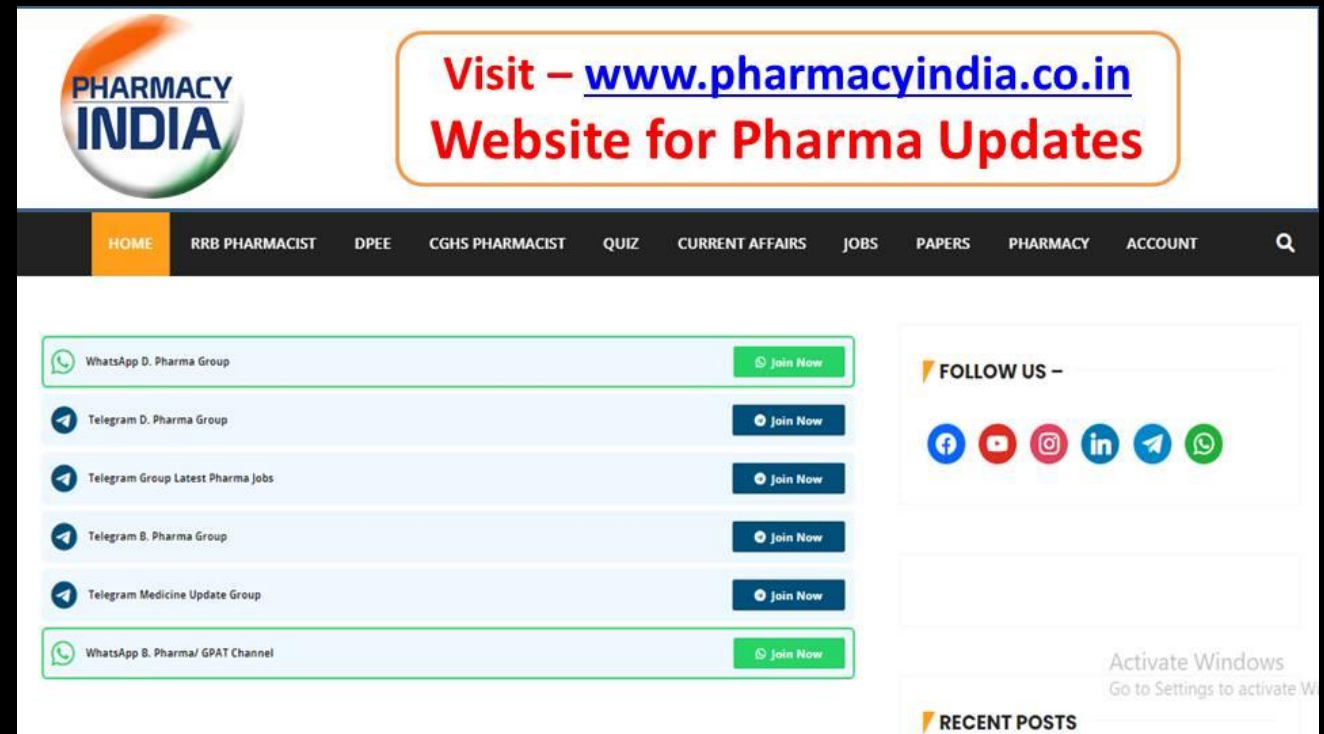


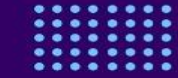
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WhatsApp



1. Which is a monosaccharide?

(a) Glucose

(b) Galactose

(c) Fructose

(d) All of these



1. Which is a monosaccharide?

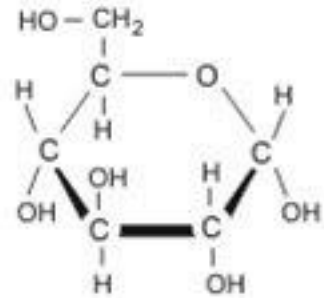
(a) Glucose

(b) Galactose

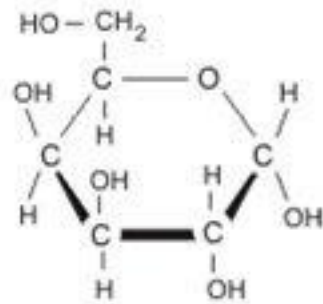
(c) Fructose

(d) All of these

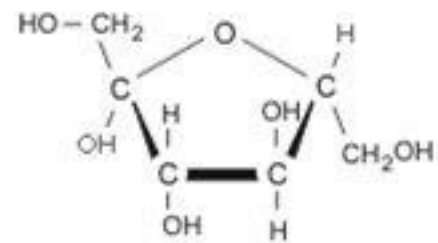




Glucose
 $C_6H_{12}O_6$



Galactose
 $C_6H_{12}O_6$



Fructose
 $C_6H_{12}O_6$



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2. Glucose contains:

- (a) One-CHO group
- (b) 5-OH group
- (c) 4 Sec. alcoholic group
- (d) All of these

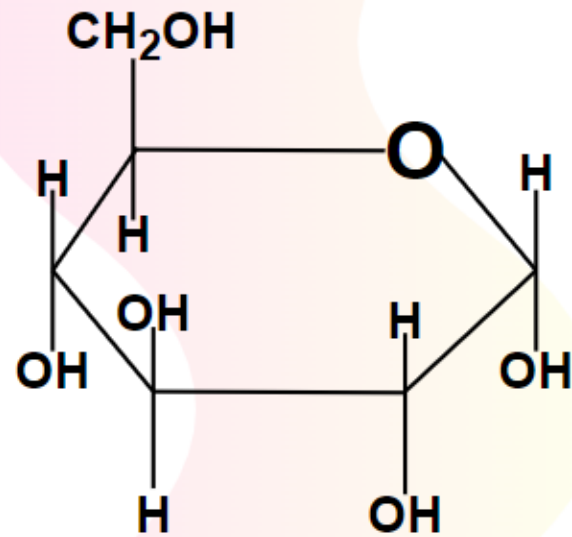


2. Glucose contains:

- (a) One-CHO group
- (b) 5-OH group
- (c) 4 Sec. alcoholic group
- (d) All of these**



Glucose



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3. The aldose and Ketose is differentiated by the following reagent:

- (a) Br_2 water
- (b) Fehling's solution
- (c) Tollen's reagent
- (d) None



3. The aldose and Ketose is differentiated by the following reagent:

(a) Br_2 water

(b) Fehling's solution

(c) Tollen's reagent

(d) None



4. Which of the following factors is not responsible for the denaturation of proteins?

- (a) Heat
- (b) Charge
- (c) pH change
- (d) Organic solvents



4. Which of the following factors is not responsible for the denaturation of proteins?

(a) Heat

(b) Charge

(c) pH change

(d) Organic solvents



5. Protein contains

- (a) Only α -amino acids
- (b) Only β -amino acids
- (c) Both α - and β -amino acids
- (d) α -, β - and γ -amino acids



5. Protein contains

(a) Only α -amino acids

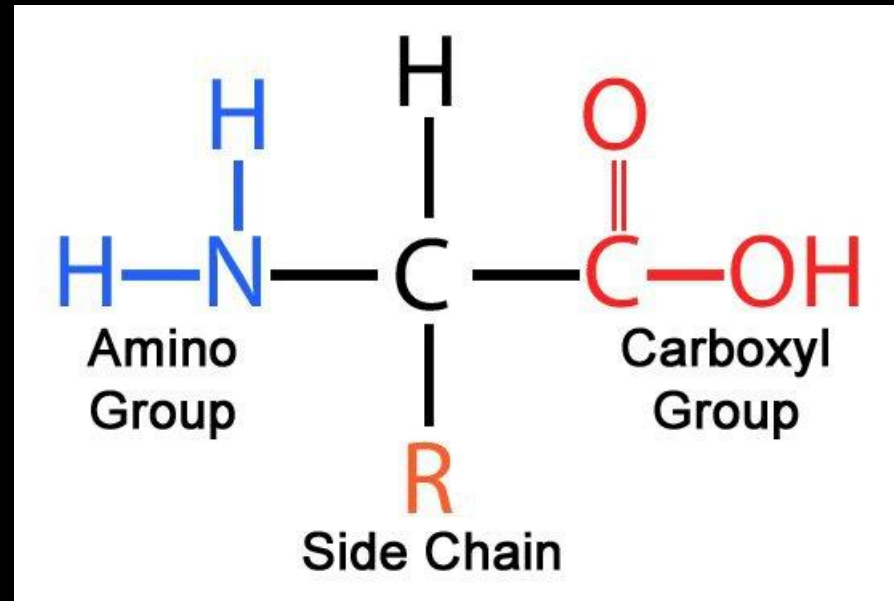
(b) Only β -amino acids

(c) Both α - and β -amino acids

(d) α -, β - and γ -amino acids



- An amino acid in which the amino group is located on the carbon atom at the position α to the carboxy group.



6. Which of the following statements is true about proteins?

- (a) Proteins are made up of amino acids.
- (b) Proteins are essential for the development of skin, teeth and bones.
- (c) Protein is the only nutrient that can build, repair and maintain body tissues.
- (d) All of the above



6. Which of the following statements is true about proteins?

- (a) Proteins are made up of amino acids.
- (b) Proteins are essential for the development of skin, teeth and bones.
- (c) Protein is the only nutrient that can build, repair and maintain body tissues.

(d) All of the above



7. What is a bond between amino acids called?

- (a) Ionic bond
- (b) Acidic bond
- (c) Peptide bond
- (d) Hydrogen bond



7. What is a bond between amino acids called?

(a) Ionic bond

(b) Acidic bond

(c) Peptide bond

(d) Hydrogen bond



8. The linear arrangement of amino acid units in protein is called

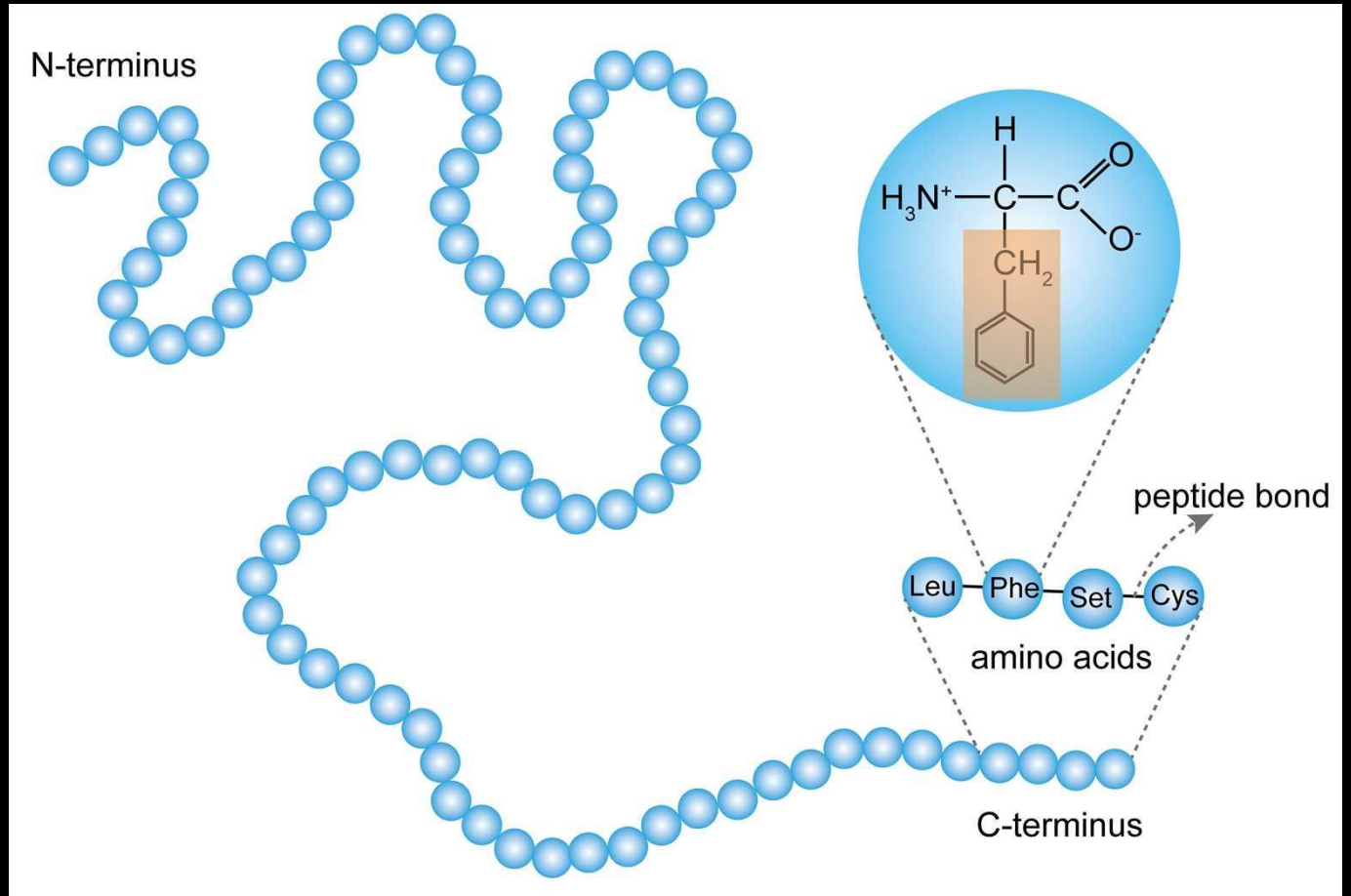
- (a) Primary structure
- (b) Secondary structure
- (c) Tertiary structure
- (d) Quaternary structure



8. The linear arrangement of amino acid units in protein is called

- (a) Primary structure
- (b) Secondary structure
- (c) Tertiary structure
- (d) Quaternary structure





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9. The α -Helix structure is hold in a coiled conformation partially due to:

- (a) H-bonding
- (b) Optical activity
- (c) Delocalisation
- (d) α -bond



9. The α -Helix structure is hold in a coiled conformation partially due to:

(a) H-bonding

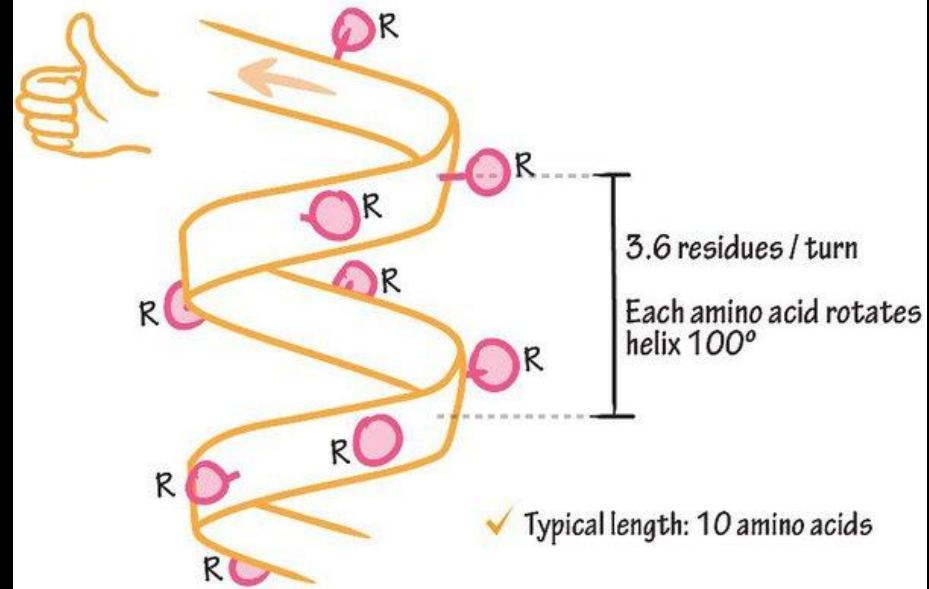
(b) Optical activity

(c) Delocalisation

(d) α -bond



Alpha Helix



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10. Fats are abundantly found in:

- (a) Vegetative tissue
- (b) Reproductive tissue
- (c) Both (a) & (b)
- (d) None of these



10. Fats are abundantly found in:

(a) Vegetative tissue

(b) Reproductive tissue

(c) Both (a) & (b)

(d) None of these



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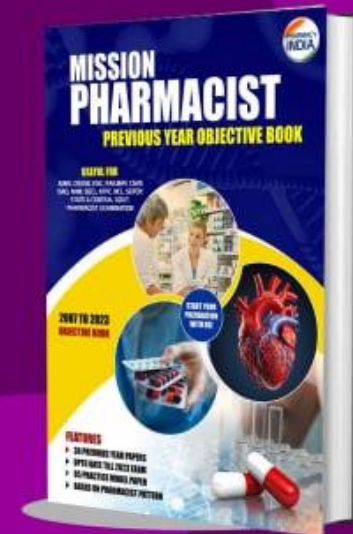
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11. Identify unsaturated fatty acids from the following:

- (a) Linoleic acid
- (b) Oleic acid
- (c) Palmitoleic acid
- (d) All of these

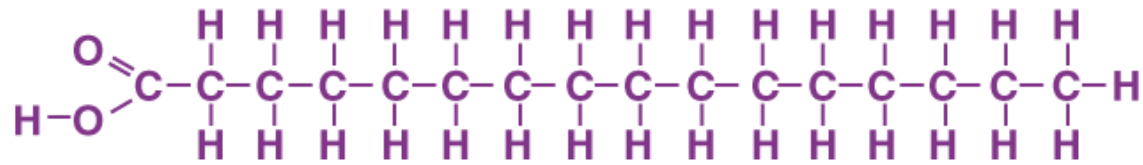


11. Identify unsaturated fatty acids from the following:

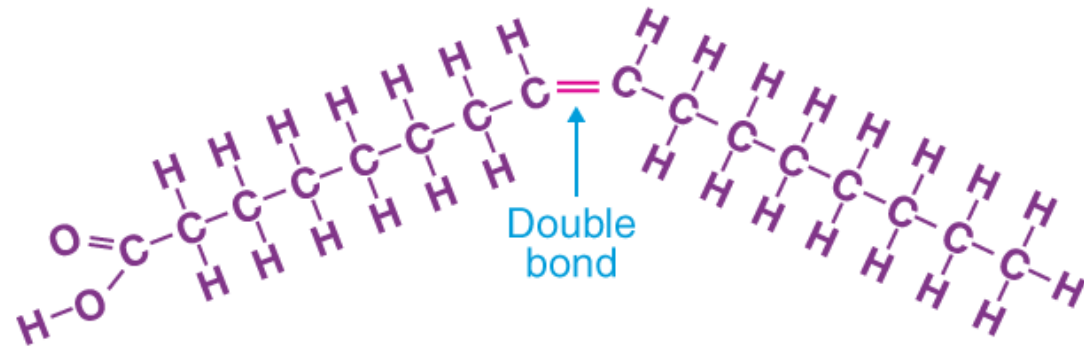
- (a) Linoleic acid
- (b) Oleic acid
- (c) Palmitoleic acid
- (d) All of these**



Saturated Fatty Acid



Unsaturated Fatty Acid



12. Nucleic acids combine with which biomolecule?

(a) Fats

(b) Carbohydrates

(c) Proteins

(d) Lipids



12. Nucleic acids combine with which biomolecule?

(a) Fats

(b) Carbohydrates

(c) Proteins

(d) Lipids



13. Nucleotides are linked together to form nucleic acid through which type of bond?

- (a) Glycosidic bond
- (b) Phosphodiester bond
- (c) Both (a) and (b)
- (d) None of these



13. Nucleotides are linked together to form nucleic acid through which type of bond?

- (a) Glycosidic bond
- (b) Phosphodiester bond
- (c) Both (a) and (b)**
- (d) None of these



14. If a compound does not contain the phosphate group. It is known as:

- (a) Nucleoside
- (b) Nucleotide
- (c) Both (a) and (b)
- (d) None of these



14. If a compound does not contain the phosphate group. It is known as:

(a) Nucleoside

(b) Nucleotide

(c) Both (a) and (b)

(d) None of these



15. Which of the following is a pyrimidine base?

- (a) Uracil (U)
- (b) Cytosine (C)
- (c) Thymine (T)
- (d) All of these



15. Which of the following is a pyrimidine base?

(a) Uracil (U)

(b) Cytosine (C)

(c) Thymine (T)

(d) All of these



16. In most of the nucleotides, the phosphate group is attached to which carbon of pentose sugar?

- (a) C-1
- (b) C-2
- (c) C-4
- (d) C-5



16. In most of the nucleotides, the phosphate group is attached to which carbon of pentose sugar?

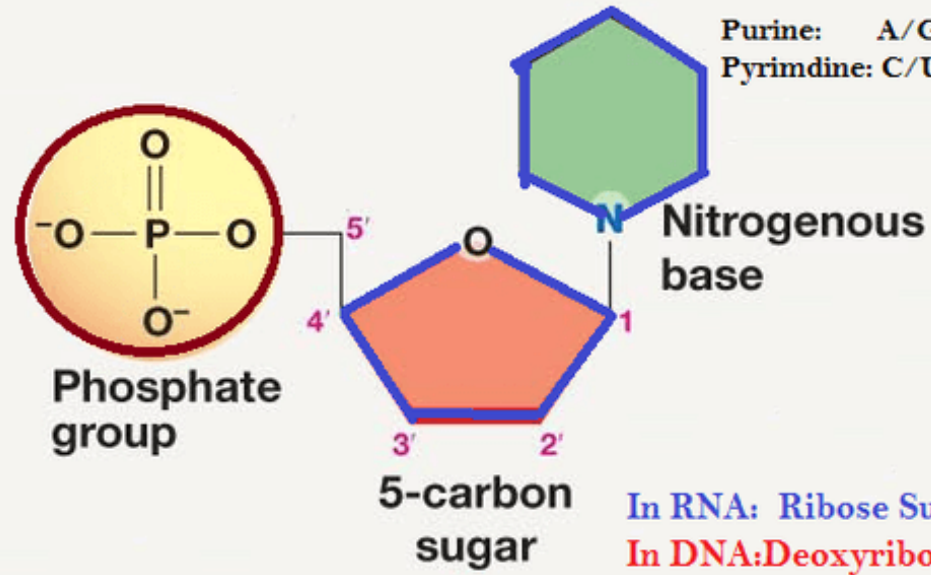
- (a) C-1
- (b) C-2
- (c) C-4
- (d) C-5**



Nucleotide

Purine: A/G }
Pyrimidine: T/C } DNA

Purine: A/G }
Pyrimidine: C/U } RNA



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17. Which of the following is an enzyme?

- (a) Urease
- (b) Thymine
- (c) Glycine
- (d) Uracil



17. Which of the following is an enzyme?

- (a) Urease
- (b) Thymine
- (c) Glycine
- (d) Uracil



18. Lock and key model for enzyme action is given by:

- (a) Emil Fischer
- (b) Million
- (c) Hopkins-Cote
- (d) None of these



18. Lock and key model for enzyme action is given by:

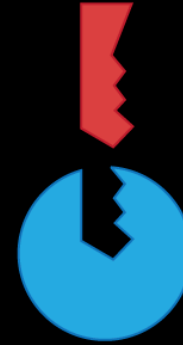
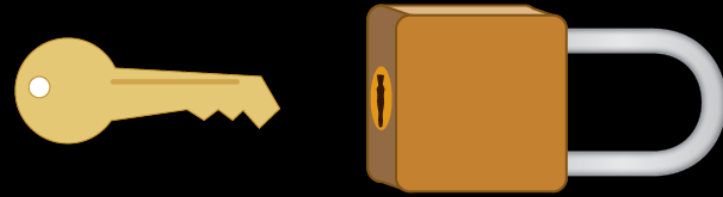
(a) Emil Fischer

(b) Million

(c) Hopkins-Cote

(d) None of these





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19. Enzymes are generally named after the:

- (a) Compound on which they work
- (b) Medium in which they act
- (c) Compound which they form as product
- (d) Place from where they are derived



19. Enzymes are generally named after the:

(a) Compound on which they work

(b) Medium in which they act

(c) Compound which they form as product

(d) Place from where they are derived



20. The enzyme which catalyzes the conversion of proteins to amino acids is:

- (a) Invertase
- (b) Urease
- (c) Nuclease
- (d) Protease



20. The enzyme which catalyzes the conversion of proteins to amino acids is:

- (a) Invertase
- (b) Urease
- (c) Nuclease
- (d) Protease**



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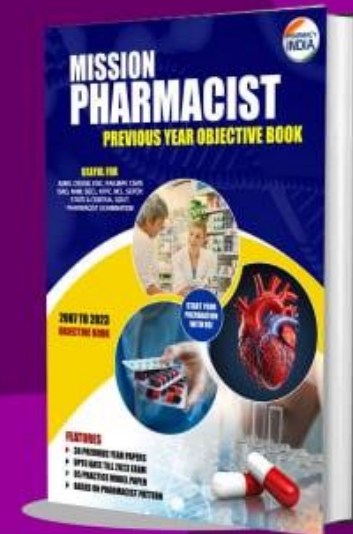
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21. Which of the following vitamin helps in blood clotting?

- (a) Vitamin A
- (b) Vitamin C
- (c) Vitamin D
- (d) Vitamin K



21. Which of the following vitamin helps in blood clotting?

- (a) Vitamin A
- (b) Vitamin C
- (c) Vitamin D
- (d) Vitamin K**



Vitamin K	Sources	Function	Deficiency
<ul style="list-style-type: none"> ■ K1 (Phylloquinone) 20C side chain. ■ K2 (Menaquinone) 30C side chain ■ K3 (Menadione) synthetic vitamin 	<p>Plant Sources: Cauliflower, Cabbage, spinach, turnip greens, peas and soybean</p> <p>Animal sources: Dairy products like cheese, butter and farm products like eggs and liver.</p>	<ul style="list-style-type: none"> ■ Coagulant 	<ul style="list-style-type: none"> ■ Malabsorption of lipids, ■ Post-traumatic bleeding, ■ Internal bleeding



22. Which of the following is a tricarboxylic acid?

- (a) Acetic acid
- (b) Succinic acid
- (c) Oxaloacetic acid
- (d) Citric acid



22. Which of the following is a tricarboxylic acid?

- (a) Acetic acid
- (b) Succinic acid
- (c) Oxaloacetic acid
- (d) Citric acid**



23. The free fatty acids are transported by blood associated with

- (a) β -lipoprotein
- (b) a fatty acid-binding protein
- (c) albumin
- (d) none of the above



23. The free fatty acids are transported by blood associated with

- (a) β -lipoprotein
- (b) a fatty acid-binding protein
- (c) albumin**
- (d) none of the above



24. Where are the enzymes for β -oxidation present?

- (a) Nucleus
- (b) Cytosol
- (c) Mitochondria
- (d) Golgi apparatus



24. Where are the enzymes for β -oxidation present?

(a) Nucleus

(b) Cytosol

(c) Mitochondria

(d) Golgi apparatus



25. Fats after absorption, present in the circulation as

- (a) VLDL
- (b) HDL
- (c) LDL
- (d) Chylomicron



25. Fats after absorption, present in the circulation as

(a) VLDL

(b) HDL

(c) LDL

(d) Chylomicron



26. Where are ketone bodies synthesized?

- (a) Brain
- (b) Muscles
- (c) Liver
- (d) Adipose tissues



26. Where are ketone bodies synthesized?

(a) Brain

(b) Muscles

(c) Liver

(d) Adipose tissues



27. β - oxidation of fatty acids mostly occurs in

- (a) brain
- (b) adipose tissues
- (c) liver
- (d) muscles



27. β - oxidation of fatty acids mostly occurs in

(a) brain

(b) adipose tissues

(c) liver

(d) muscles



28. _____ is not a classified form of conjugated proteins.

- (a) Lipoproteins
- (b) Glycoproteins
- (c) Metalloproteins
- (d) Complete proteins



28. _____ is not a classified form of conjugated proteins.

- (a) Lipoproteins
- (b) Glycoproteins
- (c) Metalloproteins
- (d) Complete proteins**



PROTEIN

Composition

Structure

- Fibrous
- Globular
- Intermediate

Simple

- Albumin
- Globulin
- Histone
- Scleroprotein

Conjugate

- Phosphoprotein
- Glycoprotein
- nucleoprotein
- Chromoprotein
- Lipoprotein
- Flavoprotein

Derived

Primary

- Coagulated
- Proteins
- Metaproteins

Secondary

- Proteoses
- Peptones
- Polypeptides
- Peptides



29. Which of the following diseases is caused by protein deficiency?

- (a) Anemia
- (b) Kwashiorkor
- (c) Hypothyroidism
- (d) All of the above



29. Which of the following diseases is caused by protein deficiency?

- (a) Anemia
- (b) Kwashiorkor
- (c) Hypothyroidism
- (d) All of the above**



30. The process of protein synthesis takes place in which of the following cell organelles?

- (a) Nucleus
- (b) Vacuoles
- (c) Cytoplasm
- (d) Mitochondria



30. The process of protein synthesis takes place in which of the following cell organelles?

(a) Nucleus

(b) Vacuoles

(c) Cytoplasm

(d) Mitochondria



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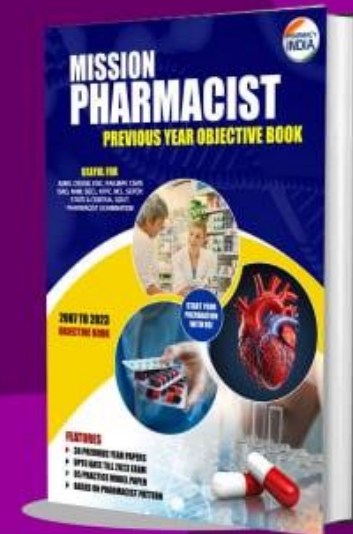
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31. Which is the leading cause of blindness in children worldwide?

- (a) Glaucoma
- (b) Cataracts
- (c) Colour blindness
- (d) Vitamin A deficiency



31. Which is the leading cause of blindness in children worldwide?

- (a) Glaucoma
- (b) Cataracts
- (c) Colour blindness
- (d) Vitamin A deficiency**



32. Which of the following vitamin deficiency causes Beriberi?

- (a) Vitamin B1
- (b) Vitamin B2
- (c) Vitamin B6
- (d) Vitamin B12



32. Which of the following vitamin deficiency causes Beriberi?

- (a) Vitamin B1**
- (b) Vitamin B2
- (c) Vitamin B6
- (d) Vitamin B12



Vitamin B1	Sources	Function	Deficiency
<ul style="list-style-type: none">Thiamine	<p>Rich Sources - Outer coatings of rice, wheat and yeast.</p> <p>Good sources - Whole cereals, pulses, oilseeds and nuts.</p> <p>Fair sources - Meat, liver and egg and fish.</p>	<ul style="list-style-type: none">Carbohydrate metabolism	<ul style="list-style-type: none">Beri-beriWernicke-Korsakoff syndrome (cerebral beri-beri)Polyneuritis



33. The type of coiling in DNA is

- (a) Zig-zag
- (b) Left-handed
- (c) Opposite
- (d) Right-handed



33. The type of coiling in DNA is

- (a) Zig-zag
- (b) Left-handed
- (c) Opposite
- (d) Right-handed**



34. Presence of myoglobin in urine signifies

- (a) Overload proteinuria
- (b) Tubular proteinuria
- (c) Glomerular proteinuria
- (d) Postrenal proteinuria



34. Presence of myoglobin in urine signifies

(a) Overload proteinuria

(b) Tubular proteinuria

(c) Glomerular proteinuria

(d) Postrenal proteinuria



35. Which of the following marker is used for the differential diagnosis of obstructive jaundice?

- (a) Lactate dehydrogenase
- (b) Creatine Kinase
- (c) Carbonic anhydrase
- (d) 5'- Nucleotidase



35. Which of the following marker is used for the differential diagnosis of obstructive jaundice?

- (a) Lactate dehydrogenase
- (b) Creatine Kinase
- (c) Carbonic anhydrase
- (d) 5'- Nucleotidase**



36. Which of the following enzyme is a sensitive marker of alcoholic liver disease?

- (a) Alanine transaminase
- (b) Aspartate transaminase
- (c) Gamma-Glutamyltransferase
- (d) Alkaline phosphatase



36. Which of the following enzyme is a sensitive marker of alcoholic liver disease?

- (a) Alanine transaminase
- (b) Aspartate transaminase
- (c) Gamma-Glutamyl transferase**
- (d) Alkaline phosphatase



37. Which of the following diseases is caused by the deficiency of Niacin?

- (a) Scurvy
- (b) Rickets
- (c) Pellagra
- (d) Pernicious anaemia



37. Which of the following diseases is caused by the deficiency of Niacin?

(a) Scurvy

(b) Rickets

(c) Pellagra

(d) Pernicious anaemia



Vitamin B3	Sources	Function	Deficiency
<ul style="list-style-type: none">■ Niacin	<ul style="list-style-type: none">■ Whole grains, peanuts, legumes, yeast, liver, fish and meat are good sources.	<ul style="list-style-type: none">■ reduce cholesterol levels■ lower your risk of heart disease	<ul style="list-style-type: none">■ Pellagra



38. Which of the following is a fat-soluble vitamin?

- (a) Vitamin B
- (b) Vitamin C
- (c) Vitamin B12
- (d) Vitamin K



38. Which of the following is a fat-soluble vitamin?

(a) Vitamin B

(b) Vitamin C

(c) Vitamin B12

(d) Vitamin K



VITAMINS

Water soluble

Fat soluble

Non B Complex

Vitamin C

B Complex

Energy Releasing

Thiamine B1

Riboflavin B2

Niacin B3

Pantothenic acid B5

Biotin B6

Pyridoxine B7

Hematopoeitic

Folic Acid B9

Cyanocobalamin
B12

A

D

E

K



39. Which of the following nutrient deficiency causes megaloblastic anaemia?

- (a) Folic acid
- (b) Niacin
- (c) Pyridoxine
- (d) Cobalamin



39. Which of the following nutrient deficiency causes megaloblastic anaemia?

- (a) Folic acid
- (b) Niacin
- (c) Pyridoxine
- (d) Cobalamin



Vitamin B9	Sources	Function	Deficiency
<ul style="list-style-type: none">▪ Folic acid	Green leafy vegetables, whole grains , cerals , liver, kidney, yeast , eggs	<ul style="list-style-type: none">▪ Helps form red blood cells.▪ Helps produce DNA, the building block of the human body.	<ul style="list-style-type: none">▪ Megaloblastic anaemia



40. Which of the following vitamin functions as both, hormone and visual pigment?

- (a) Thiamine
- (b) Retinal
- (c) Riboflavin
- (d) Folic acid



40. Which of the following vitamin functions as both, hormone and visual pigment?

- (a) Thiamine
- (b) Retinal**
- (c) Riboflavin
- (d) Folic acid



Vitamin	Sources	Function	Deficiency
Vitamin A is a collection of compounds known as retinoids.	fish liver oil, beef liver, cheese, milk, and other. ➤ Sources of beta carotene : sweet potato, kale, spinach carrots, cereals.	Vision, the immune system	loss of night vision



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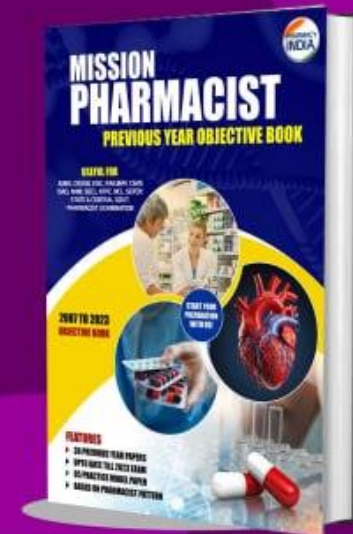
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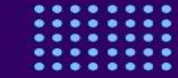
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