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BY VIJAY SIR

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TOPIC

ADRENERGIC AND ANTIADRENERGIC DRUGS



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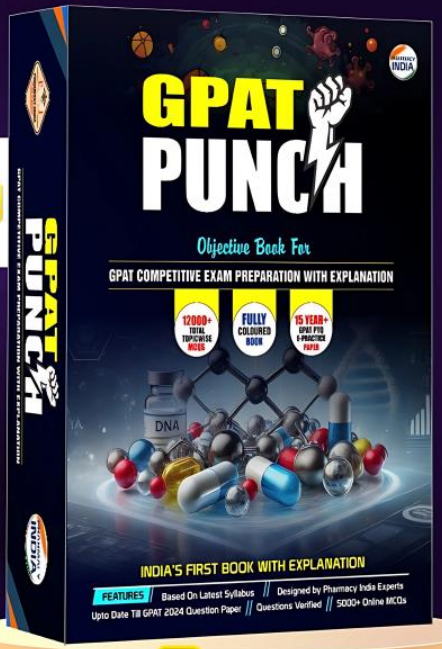
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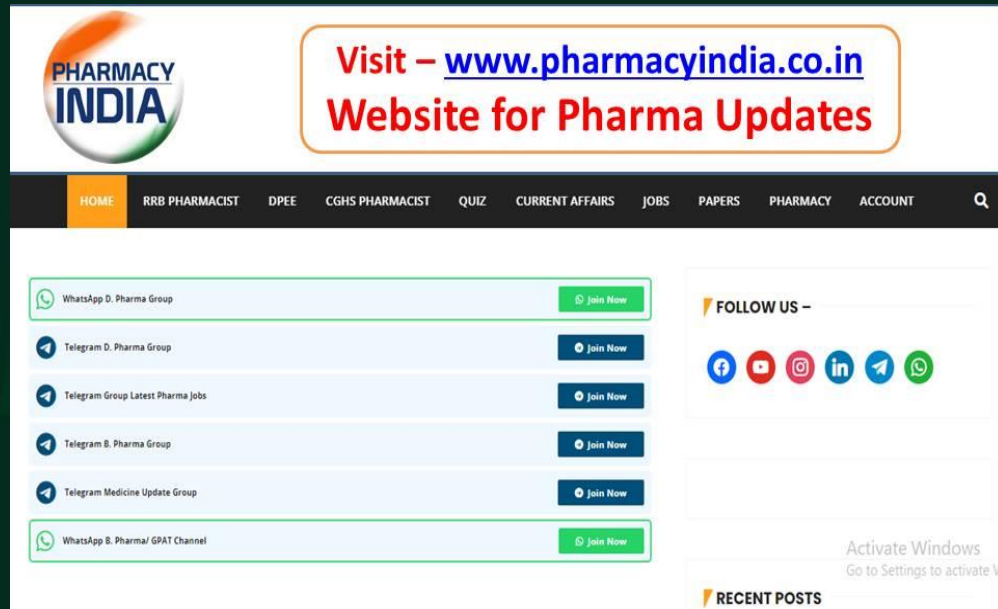
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1.

Which of the following drug can produce mydriasis without Cycloplegia [GPAT-2023 SHIFT- I]

- (a) Atropine**
- (b) Tropicamide**
- (c) Homatropine**
- (d) Ephedrine**

1.

Which of the following drug can produce mydriasis without Cycloplegia [GPAT-2023 SHIFT- I]

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- (b) Tropicamide**
- (c) Homatropine**
- (d) Ephedrine**

- **Explanation:**
- **Mydriasis** is pupil dilation, and **cycloplegia** refers to paralysis of the ciliary muscle.
- Drugs like **Ephedrine**, an indirect sympathomimetic, cause **mydriasis without cycloplegia** by stimulating the adrenergic receptors on the dilator pupillae muscle without affecting the ciliary muscle.

- Other drugs like **Atropine**, **Tropicamide**, and **Homatropine** **block muscarinic receptors**, leading to both mydriasis and cycloplegia.
- Ephedrine indirectly **stimulates alpha-adrenergic receptors**, causing the pupil to dilate without significant effect on accommodation.

2. _____ activates G-protein gated potassium channel resulting in membrane hyperpolarization [GPAT-2023 SHIFT-I]

- (a) α_1 adrenergic receptor**
- (b) α_2 adrenergic receptor**
- (c) β_1 adrenergic receptor**
- (d) β_2 adrenergic receptor**

2. _____ activates G-protein gated potassium channel resulting in membrane hyperpolarization [GPAT-2023 SHIFT-I]

(a) α_1 adrenergic receptor

(b) α_2 adrenergic receptor

(c) β_1 adrenergic receptor

(d) β_2 adrenergic receptor

- **Explanation:**

- $\alpha 2$ adrenergic receptors are Gi protein-coupled receptors.
- Upon activation, they inhibit adenylate cyclase, decreasing cAMP levels and opening G-protein gated potassium channels.
- This results in membrane hyperpolarization and reduced neuronal excitability, often contributing to a negative feedback mechanism on neurotransmitter release.

3.

The β_1 and β_2 adrenergic receptor subtype agonist acting at atrioventricular node produces following responses [GPAT-2021]

- (a) Increases contractility and conduction velocity**
- (b) Increases automaticity and conduction velocity**
- (c) Increases contractility and automaticity**
- (d) Increases conduction velocity and heart rate**

3.

The β_1 and β_2 adrenergic receptor subtype agonist acting at atrioventricular node produces following responses [GPAT-2021]

(a) Increases contractility and conduction velocity

(b) Increases automaticity and conduction velocity

(c) Increases contractility and automaticity

(d) Increases conduction velocity and heart rate

- **Explanation:**

- Adrenergic agonist stimulates the β_1 receptors in the heart and increases the heart rate, the force of contraction and the conduction velocity. The main effects are Increased force of contraction (**Positive Inotropic effect**), Increased heart rate (**Positive chronotropic effect**), Increased automaticity.
- Repolarisation and restoration of function following generalised cardiac depolarisation
- However it **reduces the cardiac efficiency** (in relation to oxygen consumption). The sympathetic and parasympathetic effects on heart is given below

Organ	Sympathetic	Adrenoceptor type	Parasympathetic	Cholinergic receptor
Heart				
Sinoatrial node	Rate ↑	β_1	Rate ↓	M_2
Atrial muscle	Force ↑	β_1	Force ↓	M_2
Atrioventricular node	Automaticity ↑	β_1	Conduction velocity	M_2
		β_1	Atrioventricular block	M_2
Ventricular muscle	Automaticity ↑ Force	β_1	No effect	M_2

4.

Which of the following is NOT one of the triad effects of adrenaline leading to rise in blood pressure [GPAT-2020]

- (a) A direct myocardial stimulation that increases the strength of ventricular contraction**
- (b) An increased heart rate (positive chronotropic action)**
- (c) Vasoconstriction in many vascular beds specially in precapillary resistance vessels of skin**
- (d) Stimulation of presynaptic alpha-2 adrenoreceptor leading to increase sympathetic tone**

4.

Which of the following is NOT one of the triad effects of adrenaline leading to rise in blood pressure [GPAT-2020]

- (a) A direct myocardial stimulation that increases the strength of ventricular contraction**
- (b) An increased heart rate (positive chronotropic action)**
- (c) Vasoconstriction in many vascular beds specially in precapillary resistance vessels of skin**
- (d) Stimulation of presynaptic alpha-2 adrenoreceptor leading to increase sympathetic tone**

. **Explanation: Adrenergic Receptors**

Alpha 1	Alpha 2	Beta 1	Beta 2
- Vasoconstriction	- Inhibits norepinephrine release	- ↑ Heart rate	- Vasodilation
- ↑ Peripheral resistance (blood flow)	- Inhibits acetylcholine release	- ↑ Lipolysis	- ↓ Peripheral resistance
- ↑ Blood pressure	- Inhibits insulin release	- ↑ Myocardial contractility	- Bronchodilation
- Mydriasis		- ↑ Renin	- ↑ Glycogenolysis (muscle, liver)

Alpha 1	Alpha 2	Beta 1	Beta 2
- ↑ Closure of bladder sphincters			- ↑ Glucagon release
			- Relaxes uterine smooth muscle

5.

Select the drug which exhibits dual alpha- and beta-adrenergic receptor agonist activities [GPAT-2018]

- (a) Terbutaline**
- (b) Clonidine**
- (c) Metaproterenol**
- (d) Dobutamine**

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. Explanation:

Dobutamine

- A derivative of DA, but not a D1 or D2 receptor agonist.
- Though it acts on both α and β adrenergic receptors, the only prominent action of clinically employed doses (2–8 $\mu\text{g}/\text{kg}/\text{min}$ i.v. infusion) is increased force of cardiac contraction and output, without significant change in heart rate, peripheral resistance and BP.

- As such, it is considered to be a relatively selective β_1 agonist.
- It is used as an **inotropic agent in pump failure** accompanying myocardial infarction, cardiac surgery, and for short term management of severe congestive heart failure. It is **less arrhythmogenic than Adr.**

6.

All the dopaminergic agonists having affinity for D2 receptors are clinically used in following conditions EXCEPT [GPAT-2017]

- (a) Obsessive-compulsive disorder**
- (b) Hyperprolactinemia**
- (c) Acromegaly**
- (d) Parkinsonism**

6.

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(a) Obsessive-compulsive disorder

(b) Hyperprolactinemia

(c) Acromegaly

(d) Parkinsonism

- **Explanation:**

VARIOUS TYPES OF DISORDERS AND THEIR TREATMENT

DISORDERS	CAUSE (MOLECULAR MECHANISM)	TREATMENT
Obsessive compulsive disorder	Dopaminergic overactivity the limbic system is involved	Dopamine D ₂ receptor blocking action is required.
Hyperprolactinemia	High level of prolactin is due to blocking of dopaminergic blocking action	Dopaminergic agonists such as Bromocriptine, Carbergol in will release. inhibit prolactin release.

DISORDERS	CAUSE (MOLECULAR MECHANISM)	TREATMENT
Acromegaly	Excessive release of growth hormone in pituitary. Although dopamine stimulates growth hormone release in normal individuals, it inhibits growth hormone release in up to 50% of acromegalics.	Two Dopamine agonists such as Bromocriptine and Cabergoline are effective.
Parkinsonism	Is due to reduction of dopamine in the striatum	Dopaminergic agonist such as Pramipexole, Bromocriptine, Ropinirole will be effective.

7.

Match the following adrenergic drugs with their receptor affinity [GPAT-2017]

- | | |
|-------------------------|--|
| 1. Epinephrine | [P] More alpha 1, no beta 1, beta 2 & dopamine |
| 2. Noradrenaline | [Q] More alpha 1 & beta 1, less beta 2, no dopamine |
| 3. Phenylephrine | [R] More beta 1 & beta 2, no alpha 1 and dopamine |
| 4. Dobutamine | [S] More alpha 1 & beta 1, no beta 2 & dopamine |

(a) 1-[Q], 2-[S], 3-[P], 4-[R]

(b) 1-[P], 2-[R], 3-[S], 4-[Q]

(c) 1-[R], 2-[P], 3-[Q], 4-[S]

(d) 1-[S], 2-[Q], 3-[R], 4-[P]

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(a) 1-[Q], 2-[S], 3-[P], 4-[R]

(b) 1-[P], 2-[R], 3-[S], 4-[Q]

(c) 1-[R], 2-[P], 3-[Q], 4-[S]

(d) 1-[S], 2-[Q], 3-[R], 4-[P]

• Explanation:

DRUG ACTING ON SYMPATHETIC SYSTEM

DRUGS	OUTLINE OF STRUCTURE	AFFINITY OF RECEPTORS
Epinephrine (adrenaline)	Contain catechol with bulk group on nitrogen	α_1 , α_2 , β_1 , less β_2 , β_3 , no Dopamine affinity
Noradrenaline	Contain catechol with no bulk group on nitrogen	α_1 , α_2 , β_1 , no β_2 , and dopamine affinity
Phenylephrine	Contain phenol without catechol	Selective α_1 , agonist
Dobutamine	Contain catechol with bulk group on nitrogen	α_1 , β_1 , less β_2 , no Dopamine affinity

8.

Which of the following is rate limiting step in synthesis of catecholamines [GPAT-2016]

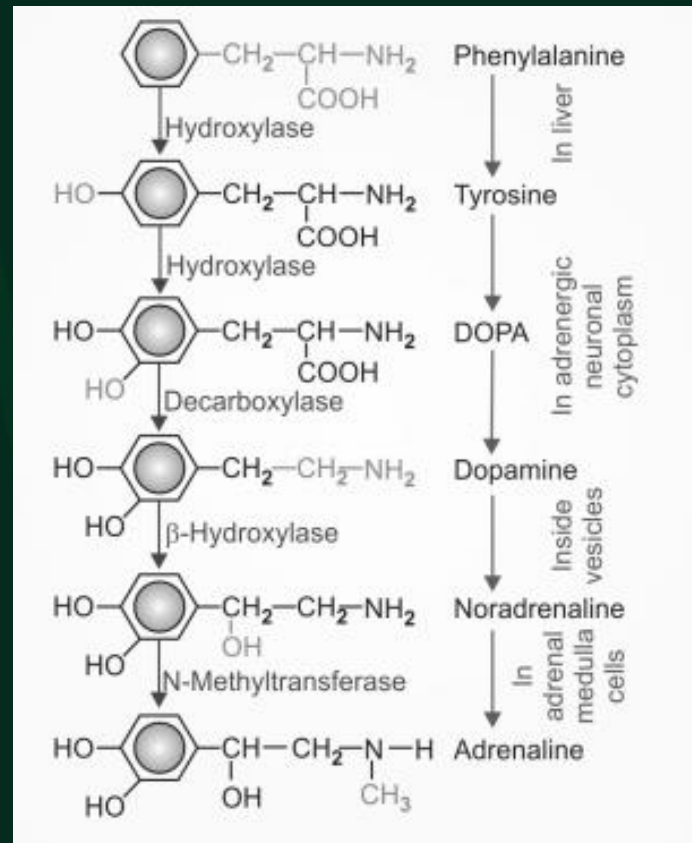
- (a) Conversion of Dopa to dopamine by dopa decarboxylase**
- (b) Conversion of tyrosine to L-Dopa in presence of enzyme Tyrosine hydroxylase**
- (c) Conversion of dopamine to NA by dopamine β - hydroxylase**
- (d) Conversion of Noradrenaline to adrenaline by N-methyltransferase**

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- (c) Conversion of dopamine to NA by dopamine β - hydroxylase
- (d) Conversion of Noradrenaline to adrenaline by N-methyltransferase**

- **Explanation:**
- Tyrosine hydroxylase catalyzes the synthesis of L-dihydroxyphenylalanine (DOPA) from tyrosine and it is the **rate-limiting step** in the synthesis of the catecholamines.



9.

Which of the following drugs are often found in both prescription and over the counter nasal decongestants [GPAT-2016]

- (a) Alpha 2 agonists**
- (b) Alpha 1 agonists**
- (c) Alpha 1 antagonists**
- (d) Beta 2 agonists**

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Which of the following drugs are often found in both prescription and over the counter nasal decongestants [GPAT-2016]

- (a) Alpha 2 agonists
- (b) Alpha 1 agonists
- (c) Alpha 1 antagonists
- (d) Beta 2 agonists**

• **Explanation:**

ALPHA 1 AGONISTS

- Alpha 1 agonists vasoconstrictive agents are used to reduce edema and inflammation.
- The nasal decongestants as vasoconstrictor agents is used to treat inflammation of the nasal passages or an allergy related condition, like hay fever, because inflammation can cause swelling of the mucous membrane that lines the nasal passages and results in inordinate mucus production.

Drugs: Naphazoline, phenylephrine, Xylometolazine, Oxymetolazine

ALPHA 1 ANTAGONISTS

- Alpha 1 antagonists causes vasodilation and decreased peripheral resistance; therefore they are used in the treatment of hypertension (prazosin).

10.

Following is an analogue of Amphetamine which produces anorexia without causing stimulation

[GPAT-2014]

- (a) Fenfluramine**
- (b) Methyl amphetamine**
- (c) Methylphenidate**
- (d) Dextroamphetamine**

10.

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[GPAT-2014]


- (a) Fenfluramine**
- (b) Methyl amphetamine**
- (c) Methylphenidate**
- (d) Dextroamphetamine**

- **Explanation:**
- Amphetamine is a **synthetic** substance related to natural **sympathomimetic amines**. However this agent is a commonly **abused psychostimulant drug**. Amphetamine is a chiral compound.
- The racemic mixture can be divided into its optical antipodes: levo- and dextro-amphetamine. **Amphetamine is the parent compound** of its own structural class, comprising a broad range of psychoactive derivatives.

- Fenfluramine is an analogue of amphetamine and are appetite suppressant and are used in the treatment of obesity. It does not cause stimulation.

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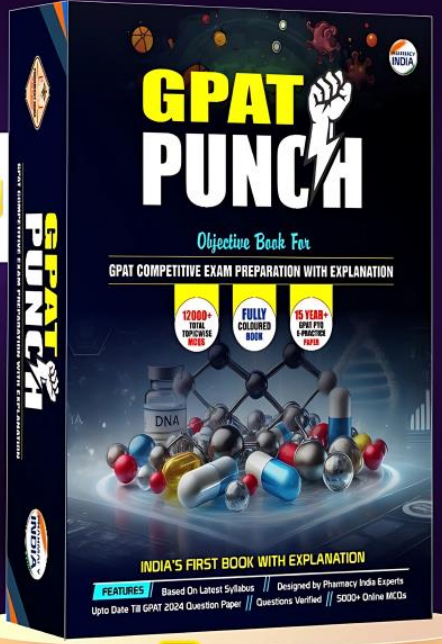
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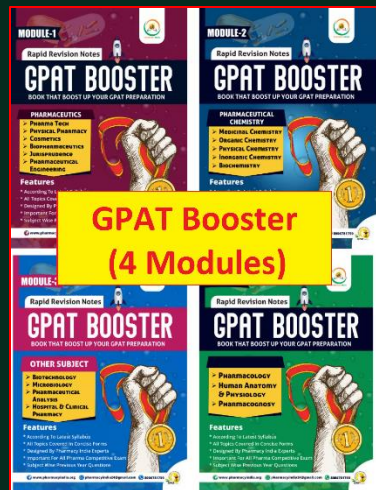
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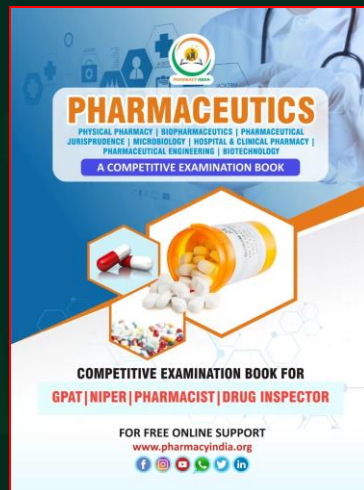
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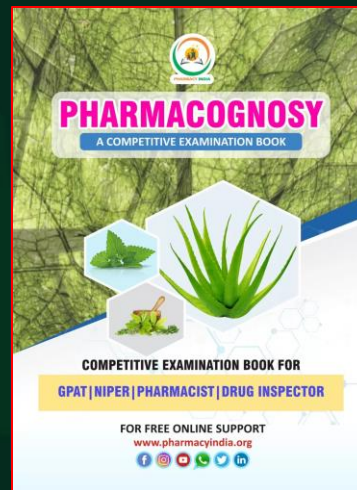


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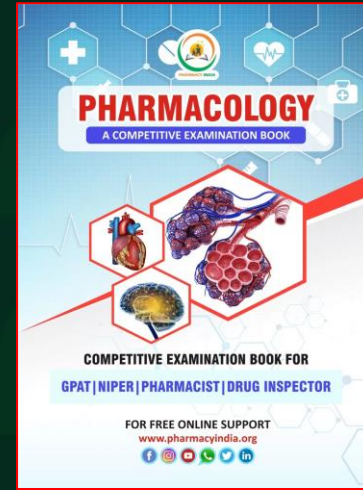
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11.

**The adrenergic receptors found in fatty tissues is
[GPAT-2014]**

- (a) β_1
- (b) β_2
- (c) β_3
- (d) β_1, β_2

11.

The adrenergic receptors found in fatty tissues is
[GPAT-2014]

(a) β_1

(b) β_2

(c) β_3

(d) β_1, β_2

. Explanation:

β RECEPTORS

RECEPTORS	LOCATION	AGONISTS	ANTAGONISTS
β_1	Heart, kidney (J .Gcell)	Dobutamine	Metaprolol, Nebivolol, Atenolol
β_2	Bronchi, urinary tract & eyes	Salbutamol, Ritordine Terbutaline, Formeterol	Butoxamine
β_3	Adipose tissue (fatty tissue)	Mirabegron	BRL37344

All of the given four drugs are sympathomimetics [GPAT-2012]

12.

[P] Adrenaline

[Q] Isoprenaline

[R] Phenylephrine

[S] Noradrenaline

Choose the correct statement related to their effects on blood pressure

(a) P and Q increase systolic and diastolic blood pressure

(b) Q and R increase systolic and diastolic blood pressure

(c) R and S increase systolic blood pressure

(d) P and S increase systolic and diastolic blood pressure

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(d) P and S increase systolic and diastolic blood pressure

. Explanation:

DRUGS	EFFECT ON BLOOD PRESSURE
Adrenaline	Increases systolic blood pressure and decreases diastolic pressure. It increases systolic pressure due to cardiac action (β_1) and decrease in diastolic pressure due to decreased peripheral vascular resistance (β_2)
Isoprenaline	Increases systolic blood pressure due to cardiac action and decreases diastolic blood pressure due to decrease in peripheral vascular resistance
Noradrenaline	Increases systolic and diastolic pressure it does not cause vasodilation (no β_2 action), peripheral vascular resistance increases due to α action
Phenylephrine	Agonist and it increase "Peripheral vascular resistance due to α_1 action, hence increases systolic and diastolic blood pressure

13.

Identify the adrenergic receptor, whose agonists can be missed used by sportsman for anabolic effects [GATE-2007]

(a) α

(b) α_2

(c) β_1

(d) β_2

13.

Identify the adrenergic receptor, whose agonists can be missed used by sportsman for anabolic effects [GATE-2007]

(a) α

(b) α_2

(c) β_1

(d) β_2

- **Explanation:**
- β_2 –adrenergic receptor is the main target in sport, they have bronchodilator and anabolic actions and enhance anti-inflammatory actions of corticosteroids.
- β –AR antagonists (β_2 –blockers) are used in sport that require steadiness and accuracy, such as archery and shooting, where their ability to reduce heart rate and muscle tremor may improve performance.
- They have a deleterious effect in endurance sports because they reduce physical performance and maximum exercise load.
Eg : Anadrol, Oxandrin, Nandrolone, Stanozolol, Oxymetholone

14.

The neurotransmitter is released at the end of sympathetic nerve fiber is [GATE-1991]

- (a) Epinephrine**
- (b) Nor-epinephrine**
- (c) Acetylcholine**
- (d) Physostigmine**

14.

The neurotransmitter is released at the end of sympathetic nerve fiber is [GATE-1991]

(a) Epinephrine

(b) Nor-epinephrine

(c) Acetylcholine

(d) Physostigmine

- **Explanation:**
- Postganglionic neurons of the sympathetic nervous system are adrenergic and release Norepinephrine as the neurotransmitter. Approximately 50% of the sympathetic nerve fibers are afferent and 50% are efferent.

	PARASYMPATHETIC	SYMPATHETIC
Origin	Cranio-sacral	Dorso-lumbar
Distrubution	Limited to head, neck, trunk	wide
Neurotransmitter	Acetylcholine	Noradrenaline (major) Acetylcholine (minor)
Main function	Keep body cool and calm	Prepare body for fight and flight movement

15. Repeated administration of Tyramine results in its decreasing effectiveness [GATE-1989]

- (a) Gets detoxicated easily
- (b) Displaces noradrenaline from nerve ending binding site
- (c) Displaces adrenaline from nerve ending binding site
- (d) None of these

15. Repeated administration of Tyramine results in its decreasing effectiveness [GATE-1989]

(a) Gets detoxicated easily

(b) Displaces noradrenaline from nerve ending binding site

(c) Displaces adrenaline from nerve ending binding site

(d) None of these

- **Explanation:**
- **Tyramine** is an **indirect-acting sympathomimetic agent** that works by entering the nerve terminal and causing the release of **noradrenaline (norepinephrine)** from storage vesicles.
- **Repeated administration of tyramine** results in a phenomenon called **tachyphylaxis** (decreased effectiveness) because:

1. The **stores of noradrenaline in the nerve endings are gradually depleted**, reducing its availability for release upon subsequent doses of tyramine.
2. This mechanism explains why the effect of tyramine diminishes over time with repeated use.

Match the followings

16.

Receptor

1. β_1

2. β_2

3. β_3

4. α_1

5. α_2

Selective agonist

(p) Clonidine

(q) Mirabegron

(r) Phenylephrine

(s) Terbutaline

(t) Dobutamine

Find the correct answer

(a) 1-(q), 2-(p), 3-(r), 4-(t), 5-(s) **(b) 1-(t), 2-(s), 3-(q), 4-(p), 5-(r)**

(c) 1-(t), 2-(s), 3-(q), 4-(r), 5-(p) **(d) 1-(r), 2-(q), 3-(t), 4-(s), 5-(p)**

Match the followings

16.

Receptor

1. β_1

2. β_2

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4. α_1

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Selective agonist

(p) Clonidine

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Find the correct answer

(a) 1-(q), 2-(p), 3-(r), 4-(t), 5-(s) (b) 1-(t), 2-(s), 3-(q), 4-(p), 5-(r)

(c) 1-(t), 2-(s), 3-(q), 4-(r), 5-(p) (d) 1-(r), 2-(q), 3-(t), 4-(s), 5-(p)

Explanation:

1. β_1 - Dobutamine (t):

- **Dobutamine** is a **β_1 -selective agonist** that stimulates **β_1 -adrenergic receptors in the heart**, increasing cardiac contractility and heart rate. It is used in cases of acute heart failure.

2. β_2 - Terbutaline (s):

- **Terbutaline** is a **β_2 -selective agonist** that relaxes **smooth muscles**, particularly in the bronchi, and is used for treating asthma and bronchospasm.

3. β_3 - Mirabegron (q):

- **Mirabegron** is a **β_3 -selective agonist** used to **relax the detrusor muscle in the bladder**, helping to treat overactive bladder.

4. α_1 - Phenylephrine (r):

- **Phenylephrine** is an **α_1 -selective agonist** that causes vasoconstriction and is commonly used as a nasal **decongestant** or to increase blood pressure in hypotensive states.

5. α_2 - Clonidine (p):

- **Clonidine** is an **α_2 -selective agonist** that **stimulates α_2 receptors in the central nervous system**, reducing sympathetic outflow and lowering blood pressure.

17. Vasopressor of choice in pregnancy is

- (a) Ephedrine**
- (b) Phenylephrine**
- (c) Methoxamine**
- (d) Mephentermine**

17. Vasopressor of choice in pregnancy is

(a) Ephedrine

(b) Phenylephrine

(c) Methoxamine

(d) Mephentermine

- **Explanation:**
- **Vasopressors** are medications used to **increase blood pressure**, especially during conditions like **hypotension in pregnancy** (e.g., **during spinal or epidural anesthesia**). The choice of vasopressor depends on its safety and effectiveness for both the mother and fetus.

Why Ephedrine is the Vasopressor of Choice in Pregnancy:

1. Mechanism of Action:

- Ephedrine is a **mixed-acting sympathomimetic**. It stimulates **α -adrenergic and β -adrenergic receptors**, increasing both **cardiac output** (via **β_1** stimulation) and **systemic vascular resistance** (via **α_1** stimulation).

2. Fetal Safety:

- Ephedrine **does not cause significant uteroplacental vasoconstriction**, making it safer for maintaining blood flow to the fetus compared to other vasopressors like **phenylephrine**.
- It has a long history of use with minimal adverse effects on fetal heart rate.

18.

Which of the following is not an alpha adrenoceptor agonist

- (a) Clonidine**
- (b) Methyldopa**
- (c) Guanabenz**
- (d) Guanfacine**

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Which of the following is not an alpha adrenoceptor agonist

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- (c) Guanabenz
- (d) Guanfacine

- **Explanation:**
- **Clonidine, Guanabenz, and Guanfacine** are **alpha-2 adrenoceptor agonists** that primarily act by **stimulating α_2 -receptors** in the **central nervous system**, leading to decreased sympathetic outflow, reduced peripheral vascular resistance, and lowered blood pressure.

Why Methyldopa is Not Classified as an Alpha Adrenoceptor Agonist:

Mechanism of Action:

- Methyldopa is a **prodrug** that is metabolized into **alpha-methyl norepinephrine**, which acts as a **false neurotransmitter**.
- While it **indirectly** stimulates **α 2-adrenergic receptors**, its primary mechanism involves competitive inhibition of **dopa decarboxylase**, reducing norepinephrine synthesis.

- It is not a direct alpha adrenoceptor agonist like the other options.

Clinical Use:

- **Methyldopa** is commonly used as an **antihypertensive drug in pregnancy** because of its established safety profile.

19. The only non-catecholamine sympathomimetic drug out of the following is

- (a) Adrenaline
- (b) Ephedrine
- (c) Dopamine
- (d) Isoprenaline

19.

The only non-catecholamine sympathomimetic drug out of the following is

(a) Adrenaline

(b) Ephedrine

(c) Dopamine

(d) Isoprenaline

- **Explanation:**
- **Catecholamines** are compounds that contain a **catechol nucleus** (a benzene ring with two hydroxyl groups) and an **amine group**. Examples include adrenaline, dopamine, and isoprenaline. These are **derived from tyrosine** and act as neurotransmitters or hormones.
- **Ephedrine** is a **non-catecholamine sympathomimetic drug**, meaning it lacks the catechol structure but still acts on adrenergic receptors to stimulate the sympathetic nervous system.

Adrenaline (Catecholamine):

- **Adrenaline** is a natural catecholamine with both **α and β -adrenergic agonist activity**.
- It contains a catechol nucleus and an amine group, qualifying it as a catecholamine.

Dopamine (Catecholamine):

- **Dopamine** is a **precursor to norepinephrine** and a natural catecholamine.
- It stimulates **dopaminergic receptors** at low doses and **β_1 -adrenergic receptors** at higher doses.

Ephedrine (Non-Catecholamine):

- Ephedrine is a **mixed-acting sympathomimetic**.
- It indirectly increases norepinephrine release and directly stimulates adrenergic receptors (**α and β**).
- It lacks the catechol nucleus, making it a **non-catecholamine**.
- It is **orally active**, has a longer duration of action than catecholamines, and **crosses** the **blood-brain barrier**.

Isoprenaline (Catecholamine):

- Isoprenaline is a **synthetic catecholamine** and a **β -selective agonist** (β_1 and β_2).
- It contains a catechol nucleus.

20.

Which of the following drugs shows the phenomenon of vasomotor reversal of Dale after administration of an β adrenergic blocker

- (a) Adrenaline**
- (b) Noradrenaline**
- (c) Isoprenaline**
- (d) All of the above**

20.

Which of the following drugs shows the phenomenon of vasomotor reversal of Dale after administration of an β adrenergic blocker

- (a) Adrenaline**
- (b) Noradrenaline**
- (c) Isoprenaline**
- (d) All of the above**

• **Explanation:**

The **vasomotor reversal of Dale** refers to the phenomenon in which the **pressor (vasoconstrictor)** response of **adrenaline** is converted into a **depressor (vasodilator)** response following the administration of an **α -adrenergic blocker**. This phenomenon was **first observed** by **Sir Henry Dale**.

1. Normal Adrenaline Response:

- Adrenaline stimulates both **α -adrenergic receptors** (vasoconstriction) and **β -adrenergic receptors** (vasodilation).


- The **pressor effect (vasoconstriction)** mediated by α -**receptors** dominates, leading to an overall **increase in blood pressure**.

2. After Administration of an α -Blocker (e.g., Phentolamine):

- The α -adrenergic receptors are **blocked**, so **adrenaline's action** on these receptors (vasoconstriction) is prevented.
- Adrenaline now predominantly acts on **β 2-adrenergic receptors**, which mediate **vasodilation**, resulting in a **fall in blood pressure** (depressor response).

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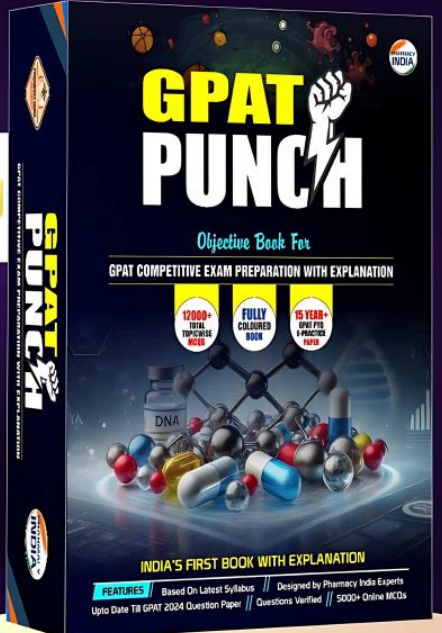
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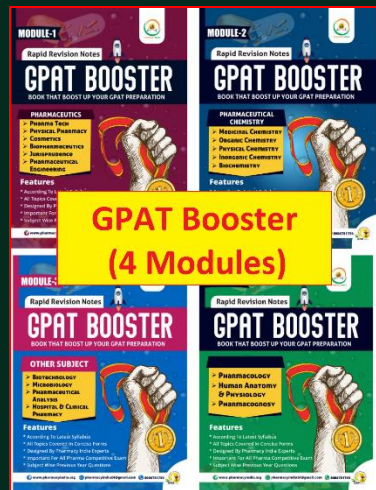
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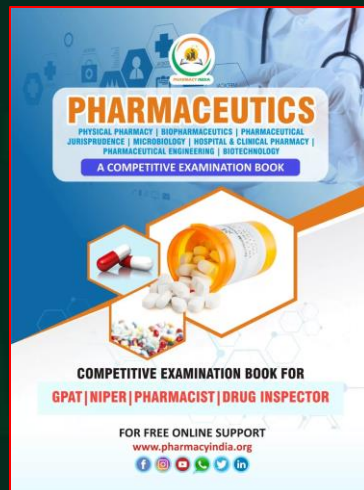
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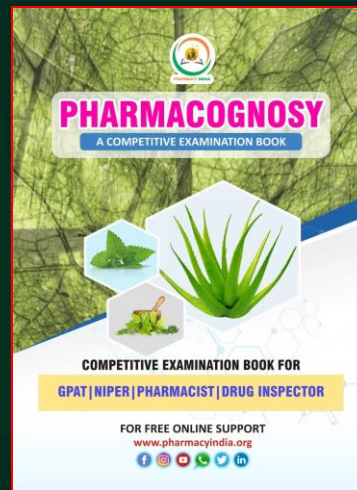


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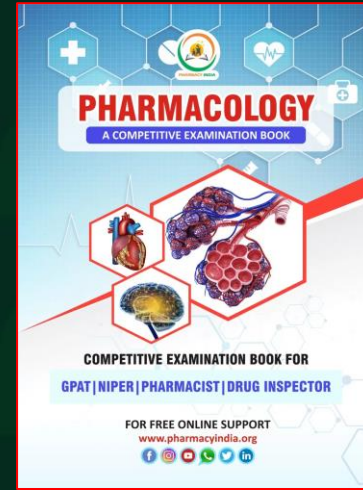
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21. Dopamine is preferred in treatment of shock because of

- (a) Renal vasodilatory effect**
- (b) Increased cardiac output**
- (c) Peripheral vasoconstriction**
- (d) Prolonged action**

21. Dopamine is preferred in treatment of shock because of

- (a) Renal vasodilatory effect**
- (b) Increased cardiac output**
- (c) Peripheral vasoconstriction**
- (d) Prolonged action**

- **Explanation:**

Dopamine is the **drug of choice** in the **treatment of shock** (e.g., cardiogenic or septic shock) because of its **dose-dependent effects** on adrenergic and dopaminergic receptors. It is preferred specifically because of its **renal vasodilatory effect**, which helps to **preserve kidney function**, an important concern during shock.

Mechanism of Action and Dose-Dependent Effects of Dopamine:

1. Low Dose (1–3 $\mu\text{g/kg/min}$):

- Stimulates **dopamine (D1) receptors** in the renal and mesenteric vasculature.
- Causes **renal vasodilation**, increasing **renal blood flow** and **enhancing diuresis**.
- This helps prevent or **mitigate acute kidney injury (AKI)**, which is a common complication in shock.

2. Moderate Dose (3–10 $\mu\text{g/kg/min}$):

- Stimulates **β 1-adrenergic receptors** in the heart.
- **Increases cardiac output** by enhancing heart rate and myocardial contractility.

3. High Dose ($>10 \mu\text{g/kg/min}$):

- Stimulates **α 1-adrenergic receptors**.
- Causes **peripheral vasoconstriction**, which helps maintain blood pressure but may reduce renal perfusion

22. Epinephrine is most useful in

- (a) Bronchial asthma**
- (b) Anaphylactic shock**
- (c) Peripheral vascular disease**
- (d) Wide angle glaucoma**

22. Epinephrine is most useful in

- (a) Bronchial asthma
- (b) Anaphylactic shock**
- (c) Peripheral vascular disease
- (d) Wide angle glaucoma

- **Explanation:**

Epinephrine is the drug of choice for **anaphylactic shock**, which is a severe, life-threatening allergic reaction characterized by **respiratory distress, hypotension, and cardiovascular collapse**. Its pharmacological actions make it highly effective in counteracting the symptoms of anaphylaxis.

Mechanism of Action in Anaphylactic Shock:

1. Stimulation of α 1-Adrenergic Receptors:

- Causes **vasoconstriction**, which:
 - **Reverses hypotension and shock.**
 - **Reduces mucosal edema** in the upper airway, alleviating respiratory obstruction.

2. Stimulation of $\beta 1$ -Adrenergic Receptors:

- Increases **cardiac output** by **enhancing heart rate** and myocardial contractility, helping to stabilize cardiovascular function.

3. Stimulation of $\beta 2$ -Adrenergic Receptors:

- Causes **bronchodilation**, which:
 - **Relieves bronchospasm**, improving airflow in cases of respiratory distress.
- **Inhibits the release of inflammatory mediators** from mast cells.

23.

Which of the following drug acts as combined alpha- and beta-adrenergic receptor agonist

- (a) Dobutamine**
- (b) Phenylephrine**
- (c) Fenoldopam**
- (d) Noradrenaline**

23.

Which of the following drug acts as combined alpha- and beta-adrenergic receptor agonist

(a) Dobutamine

(b) Phenylephrine

(c) Fenoldopam

(d) Noradrenaline

• **Explanation:**

Noradrenaline (Norepinephrine) is a **combined α - and β -adrenergic receptor agonist**, meaning it acts on both **α -adrenergic** and **β -adrenergic receptors**. Its effects depend on its receptor affinity and their distribution in the body.

Mechanism of Action:

1. Primary Affinity:

- **Strong α_1 and α_2 agonist activity:**
 - Causes **vasoconstriction**, leading to an increase in **systemic vascular resistance** and blood pressure.

- **Moderate β_1 agonist activity:**

- Increases **heart rate and myocardial contractility**, improving cardiac output.

2. Limited β_2 Activity:

- **Noradrenaline** has minimal activity on **β_2 receptors**, which reduces its vasodilatory effects compared to epinephrine

24. Which of the following drug is a long acting beta2 agonist

- (a) Albuterol**
- (b) Salmeterol**
- (c) Pirbuterol**
- (d) Orciprenaline**

24. Which of the following drug is a long acting beta2 agonist

- (a) Albuterol
- (b) Salmeterol**
- (c) Pirbuterol
- (d) Orciprenaline

• **Explanation:**

Salmeterol is classified as a **long-acting β_2 -adrenergic agonist (LABA)**, meaning it provides prolonged bronchodilation by selectively stimulating **β_2 receptors** in the smooth muscles of the airways. It is widely used in the management of **asthma and chronic obstructive pulmonary disease (COPD)**.

1. Mechanism of Action:

- Salmeterol binds selectively to **β 2-adrenergic receptors** and induces relaxation of airway smooth muscles by **increasing intracellular cyclic AMP (cAMP) levels**.
- Its long duration of action (**about 12 hours**) is due to its **lipophilic side chain**, which anchors the molecule near the receptor.

2. Uses:

- Preventive treatment of **asthma** (in combination with inhaled corticosteroids).
- Maintenance therapy in **COPD**.
- Not suitable for **acute bronchospasm** due to its delayed onset of action.

25. The rate limiting step for norepinephrine synthesis is

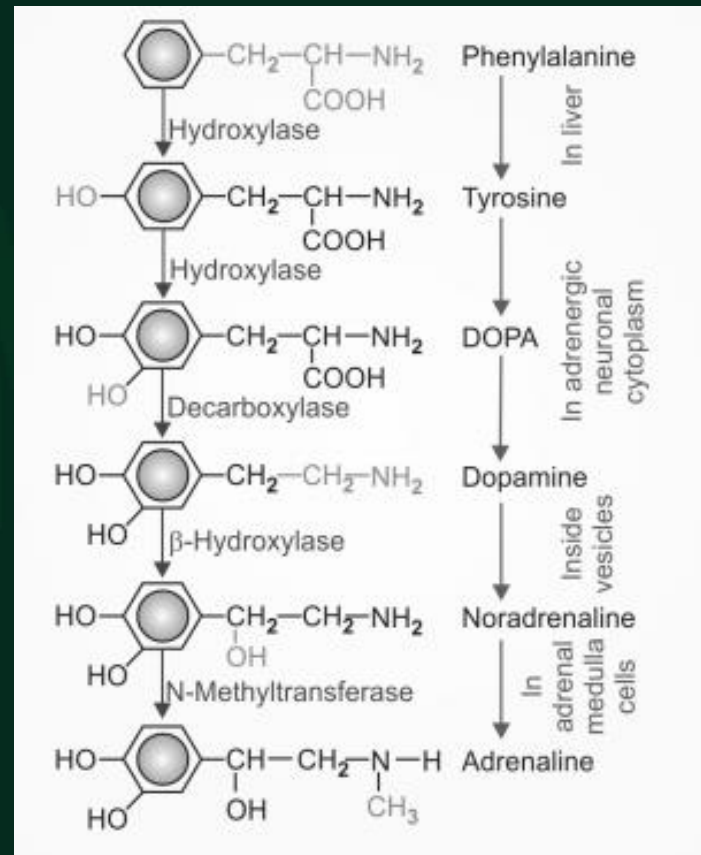
- (a) Conversion of phenylalanine to tyrosine**
- (b) Conversion of tyrosine to DOPA**
- (c) Conversion of DOPA to dopamine**
- (d) Conversion of dopamine to norepinephrine**

25. The rate limiting step for norepinephrine synthesis is

- (a) Conversion of phenylalanine to tyrosine
- (b) Conversion of tyrosine to DOPA**
- (c) Conversion of DOPA to dopamine
- (d) Conversion of dopamine to norepinephrine

• **Explanation:**

- The **rate-limiting step** in the **synthesis of norepinephrine** is the **conversion of tyrosine to DOPA**, which is catalyzed by the enzyme **tyrosine hydroxylase**. This step is critical as it regulates the overall rate of norepinephrine production.



26.

A patient with pheochromocytoma is undergoing surgery and has not been administered with alpha receptor blocker. If he is administered with intravenous Propranolol, then which of the following effects will be evident [GPAT-2022]

- (a) There will be a rise in the blood pressure**
- (b) There will be a fall in the blood pressure**
- (c) The blood pressure will remain unchanged**
- (d) The patient may suffer severe bronchoconstriction**

26.

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- (a) There will be a rise in the blood pressure**
- (b) There will be a fall in the blood pressure**
- (c) The blood pressure will remain unchanged**
- (d) The patient may suffer severe bronchoconstriction**

• **Explanation:**

- Pheochromocytoma i.e. tumor of adrenal gland causes increase in NA and Adrenaline level in blood.
- Increased NA and Adrenaline causes rise in BP.
- Also β -blocker is given to the patient that will act on the blood vessel and try to contract them thereby increases the BP.
- So, NA, Adrenaline and B-blocker they all causes increase in BP Therefore, it will rise in Blood Pressure.

27.

Except one of the following pairs represent drugs used in the treatment of glaucoma and their primary mechanism. Select the wrong pair from the following [GPAT-2020]

- (a) Topical prostaglandin analogues: Increase aqueous outflow**
- (b) Topical beta-adrenergic blockers: Decrease aqueous outflow**
- (c) Topical miotics: Increase aqueous outflow**
- (d) Topical carbonic anhydrase inhibitors: Decrease aqueous formation**

27.

Except one of the following pairs represent drugs used in the treatment of glaucoma and their primary mechanism. Select the wrong pair from the following [GPAT-2020]

(a) Topical prostaglandin analogues: Increase aqueous outflow

(b) Topical beta-adrenergic blockers: Decrease aqueous outflow

(c) Topical miotics: Increase aqueous outflow

(d) Topical carbonic anhydrase inhibitors: Decrease aqueous formation

. Explanation:

MODE OF ACTION OF OCULAR HYPOTENSIVE DRUG			
Drug/Class	Aqueous secretion	Trabecular	Uveoscleral outflow
1. β -blockers (Timolol)	↓	-	-
2. Adrenaline/ Dipivefrine	↓		↑
3. Brimonidine/apraclonidine	↓	-	↑
4. Prostaglandins (Latanoprost)	-	↑	↑
5. Miotics (Pilocarpine)	-	↑	-
6. Carbonic anhydrase inhibitors	↓	-	-

28. Which of the following pair of drugs is considered as selective α_1 -Blockers [GPAT-2019]

- (a) Timolol and Metoprolol**
- (b) Prazosin and Terazosin**
- (c) Formoterol and Levalbuterol**
- (d) Yohimbine and Corynanthine**

28. Which of the following pair of drugs is considered as selective α_1 -Blockers [GPAT-2019]

(a) Timolol and Metoprolol

(b) Prazosin and Terazosin

(c) Formoterol and Levalbuterol

(d) Yohimbine and Corynanthine

. Explanation:

Classification of α Blockers	Examples
Non-selective (α_1 and α_2) Blocker	
- Reversible	- Phentolamine, Tolazoline
- Irreversible	- Phenoxybenzamine
Selective α_1 Blockers	- Prazosin, Terazosin, Doxazosin, Tamsulosin, Alfuzosin
Selective α_2 Blockers	- Yohimbine

29.

Which of the following is NOT a cardio selective β -blocker [GPAT-2019]

- (a) Bisoprolol**
- (b) Nebivolol**
- (c) Acebutolol**
- (d) Pindolol**

29.

Which of the following is NOT a cardio selective β -blocker [GPAT-2019]

(a) Bisoprolol

(b) Nebivolol

(c) Acebutolol

(d) Pindolol

. Explanation:

β Adrenergic Blocking Drugs	Examples
Non-Selective ($\alpha_1 + \beta_2$)	
- Without intrinsic activity	Sotalol, Propranolol, Timolol
- With intrinsic activity	Pindolol
- With blocking property	Carvedilol, Labetalol
Cardioselective	A - Atenolol, B - Bisoprolol, C - Celiprolol, B - Betaxolol, E - Esmolol, N - Nebivolol, A - Acebutolol, M - Metoprolol

30.

Topical application of Timolol to the eye would be expected to induce which of the following [GPAT-2017]

- (a) Decreased formation of aqueous humor**
- (b) Miosis**
- (c) Mydriasis**
- (d) Increased outflow of aqueous humor**

30.

Topical application of Timolol to the eye would be expected to induce which of the following [GPAT-2017]

(a) Decreased formation of aqueous humor

(b) Miosis

(c) Mydriasis


(d) Increased outflow of aqueous humor

. Explanation:

MODE OF ACTION OF OCULAR HYPOTENSIVE DRUG			
Drug/Class	Aqueous secretion	Trabecular	Uveoscleral outflow
1. β -blockers (Timolol)	↓	-	-
2. Adrenaline/ Dipivefrine	↓		↑
3. Brimonidine/apraclonidine	↓	-	↑
4. Prostaglandins (Latanoprost)	-	↑	↑
5. Miotics (Pilocarpine)	-	↑	-
6. Carbonic anhydrase inhibitors	↓	-	-

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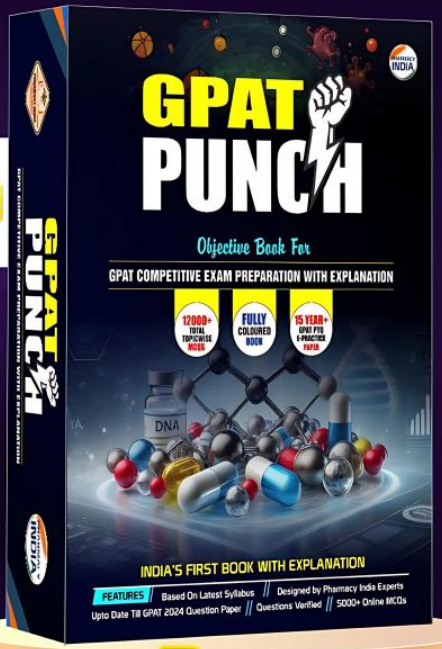
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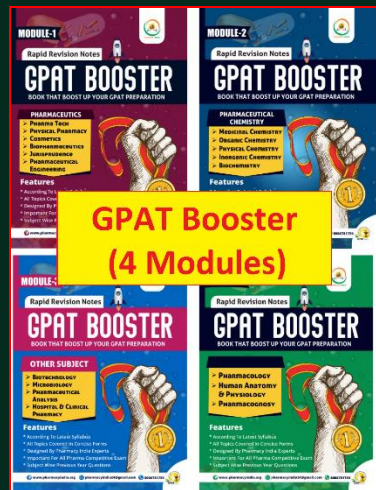
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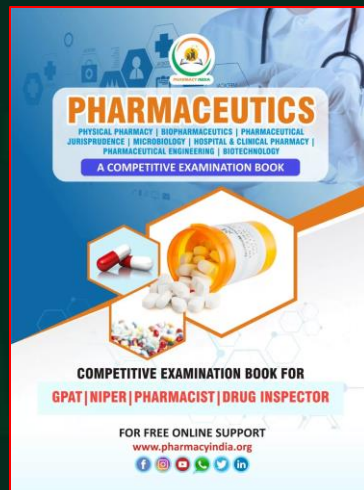
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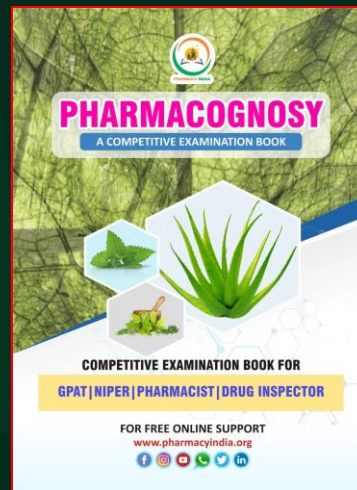
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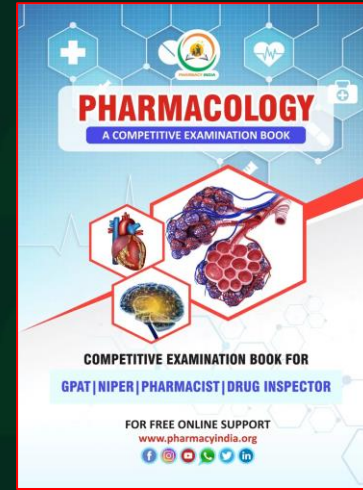
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31.

Characteristics of carvedilol includes [GPAT-2016]

[P] It is a β_1 -selective antagonist

[Q] It has both α_1 -selective and β -blocking effects

[R] It inhibits vascular smooth muscle mitogenesis

(a) [P] true, [Q] & [R] false

(b) [P], [Q] & [R] true

(c) [Q] true, [P] & [R] false

(d) [P], [Q] & [R] false

31.

Characteristics of carvedilol includes [GPAT-2016]

[P] It is a β_1 -selective antagonist

[Q] It has both α_1 -selective and β -blocking effects

[R] It inhibits vascular smooth muscle mitogenesis

(a) [P] true, [Q] & [R] false

(b) [P], [Q] & [R] true

(c) [Q] true, [P] & [R] false

(d) [P], [Q] & [R] false

• **Explanation:**

CARVEDILOL

- Carvedilol is a racemic mixture where the S (-) enantiomer is a beta adrenoceptor blocker and the enantiomer is both a beta and alpha-1 adrenoceptor blocker. R (+)
- Carvedilol blocks α_1 , B1 and B2 receptors. In addition it has antioxidant property.
- It is used in the treatment of hypertension and congestive cardiac failure.
- Carvedilol act on alpha-1 adrenergic receptors and relaxes smooth muscle in vasculature, leading to reduced peripheral vascular resistance and an overall reduction in blood pressure.

32. Which of the following is true for α -Blocker, EXCEPT [GPAT-2015]

- (a) Blockade of vasoconstriction**
- (b) Cause Nasal stuffiness and miosis**
- (c) Increased intestinal motility**
- (d) Tone of smooth muscle in bladder trigone and sphincter is increased**

32. Which of the following is true for α -Blocker, EXCEPT [GPAT-2015]

- (a) Blockade of vasoconstriction
- (b) Cause Nasal stuffiness and miosis
- (c) Increased intestinal motility
- (d) Tone of smooth muscle in bladder trigone and sphincter is increased**

• **Explanation:**

MECHANISM OF ACTION OF ALPHA RECEPTOR BLOCKER

- Blockade of vasoconstriction - **hypotension**
- **Miosis** (small pupil) and **nasal stuffiness**
- Postural reflex is interfered - **postural hypotension**
- **Reflex tachycardia**-due to fall in BP
- **Promote urinary outflow**
- **Failure of ejaculation**

33.

**Which of the following is selective α_2 -selective antagonists
[GPAT-2013]**

- (a) Clonidine**
- (b) Prazosin**
- (c) Phentolamine**
- (d) Yohimbine**

33.

**Which of the following is selective α_2 -selective antagonists
[GPAT-2013]**

- (a) Clonidine
- (b) Prazosin
- (c) Phentolamine
- (d) Yohimbine**

. Explanation:

Classification of α Blockers	Examples
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- Irreversible	- Phenoxybenzamine
Selective α_1 Blockers	- Prazosin, Terazosin, Doxazosin, Tamsulosin, Alfuzosin
Selective α_2 Blockers	- Yohimbine

34.

The drug used during the preoperative preparation for surgical excision of pheochromocytoma is [GPAT-2013]

- (a) Atenolol**
- (b) Phenoxybenzamine**
- (c) Reserpine**
- (d) Clonidine**

34.

The drug used during the preoperative preparation for surgical excision of pheochromocytoma is [GPAT-2013]

(a) Atenolol

(b) Phenoxybenzamine

(c) Reserpine

(d) Clonidine

• **Explanation:**

PHEOCHROMOCYTOMA

- It is a tumour of adrenal medullary cells. Excess CAs are secreted which can cause intermittent or persistent hypertension.
- Therapeutic Surgical removal of the tumour is the first line therapeutic approach. Phenoxybenzamine can be used as definitive therapy for inoperable and malignant pheochromocytoma.

35. Which of the following drugs does NOT induce mydriasis [GPAT-2011]

- (a) Atropine**
- (b) Ephedrine**
- (c) Phentolamine**
- (d) Cocaine**

35. Which of the following drugs does NOT induce mydriasis [GPAT-2011]

- (a) Atropine
- (b) Ephedrine
- (c) Phentolamine
- (d) Cocaine**

- **Explanation:**

- Mydriasis occurs with a rise in intracocular pressure due to the dilated iris blocking drainage of the intraocular fluid from the angle of the anterior chamber.
- It may precipitate angle-closure glaucoma.

DRUGS	MECHANISM FOR CAUSING MYDRIASIS
Antimuscarinic (Atropine)	Relaxation of sphincter pupillae
Alpha adrenergic (Ephedrine)	Contraction of dilator pupillae
Cocaine	By inhibiting the reuptake of noradrenaline into nerve terminals.

36.

Which of the following beta blockers has been shown clinically to reduce mortality in patients of symptomatic heart failure [GPAT-2011]

- (a) Atenolol**
- (b) Carvedilol**
- (c) Propranolol**
- (d) Esmolol**

36.

Which of the following beta blockers has been shown clinically to reduce mortality in patients of symptomatic heart failure [GPAT-2011]

(a) Atenolol

(b) Carvedilol

(c) Propranolol

(d) Esmolol

- **Explanation:**

- Carvedilol is $\beta_1 + \beta_2 + \alpha_1$ adrenoceptor blocker and also act as anti-oxidant and antiproliferative effect on vascular smooth muscle cells.
- Owing to neuroprotective effect it has the ability to offer major cardiovascular organ protection.
- In contrast to other beta blockers carvedilol causes peripheral vasoconstriction and does not alter serum lipid and blood glucose level.

- It is useful for treating the elderly hypertensive patient in whom **increased peripheral vascular resistance** is undesirable. It is also useful in treatment of pregnancy-induced hypertension.
- In addition, **β -blockers reduce mortality** among patients with mild to moderate symptomatic heart failure.

37.

A cardio-selective beta blocker with vasodilating properties is [GATE-2008]

- (a) Pindolol**
- (b) Atenolol**
- (c) Bisoprolol**
- (d) Nebivolol**

37.

A cardio-selective beta blocker with vasodilating properties is [GATE-2008]

- (a) Pindolol**
- (b) Atenolol**
- (c) Bisoprolol**
- (d) Nebivolol**

. Explanation:

Generation	Description	Examples
First Generation	Older, nonselective	Propranolol, Timolol, Sotalol, Pindolol
Second Generation	β_1 -selective	Metoprolol, Atenolol, Acebutolol, Bisoprolol, Esmolol
Third Generation	With additional α -blocking and/or vasodilator properties	Labetalol, Carvedilol, Celiprolol, Nebivolol, Betaxolol

38.

A 60-year-old patient presents with glaucoma. Therapy should include [GATE-2003]

[P] Topical Atropine

[Q] Topical Pilocarpine

[R] Oral Acetazolamide

[S] Oral Pilocarpine

(a) [P], [Q]

(b) [Q], [R]

(c) [R], [S]

(d) [P], [S]

38.

A 60-year-old patient presents with glaucoma. Therapy should include [GATE-2003]

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[Q] Topical Pilocarpine

[R] Oral Acetazolamide

[S] Oral Pilocarpine

(a) [P], [Q]

(b) [Q], [R]

(c) [R], [S]

(d) [P], [S]

- **Explanation:**
- **Acetazolamide:** Oral treatment with Acetazolamide (0.25g 6-12 hourly) reduces aqueous formation by limiting generation of bicarbonate ion in the ciliary epithelium and its uses is **Glaucoma:** as adjuvant to other ocular hypotensive
- Topical Pilocarpine and/or antiChEs were the standard antiglaucoma drugs. In open angle glaucoma, they lower i.o.t. by increasing ciliary muscle tone thereby improving patency of trabeculae.

- Pilocarpine tablets are used to treat dryness of the mouth and throat caused by a decrease in the amount of saliva that may occur after radiation treatment for cancer of the head and neck or in patients with Sjogren's syndrome.
- Topical Atropine reduces myopia progression and axial elongation in children in a dose-related manner, but a rebound phenomenon occurs with higher doses. Its use has been shown to be safe, but higher doses cause pupil dilation, loss of accommodation and near vision.

39.

Metoprolol is sometimes preferred to Propranolol because [GATE-2002]

- (a) It has both α and β adrenergic blockade
- (b) It has both vasodilatory properties and β adrenergic blocker
- (c) It is a β_1 selective antagonist and it does not enter the brain
- (d) It is a β_2 selective antagonist

39.

Metoprolol is sometimes preferred to Propranolol because [GATE-2002]

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- (c) It is a β_1 selective antagonist and it does not enter the brain
- (d) It is a β_2 selective antagonist

- **Explanation:**

- The use of lipid-soluble beta blockers such as Propranolol has been associated with more CNS side effects, such as dizziness, confusion, or depression.
- However Metoprolol is β_1 selective antagonist and therefore act as cardioselective beta blocker. It does not enter the brain and hence the CNS effects can be avoided.

40.

Propranolol [GATE-1996]

- (a) Reduces myocardial oxygen consumption**
- (b) β_1 receptor selective blocker**
- (c) Has intrinsic sympathomimetic activity**
- (d) Is a hypotensive agent in patients with normal blood pressure**

40.

Propranolol [GATE-1996]


- (a) Reduces myocardial oxygen consumption
- (b) β_1 receptor selective blocker
- (c) Has intrinsic sympathomimetic activity
- (d) Is a hypotensive agent in patients with normal blood pressure

• **Explanation:**

- Propranolol reduces myocardial oxygen consumption.
- It is pure β -adrenergic antagonist and is nonselective acts as antagonist at β_1 and β_2 receptors
- In a subject at rest, it does not cause change in arterial pressure, heart rate and cardiac output

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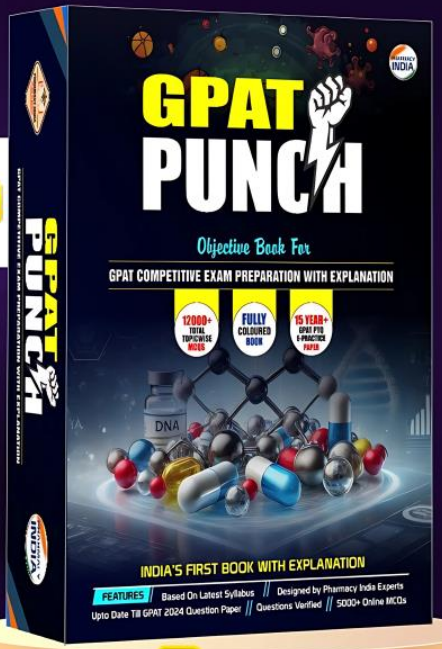
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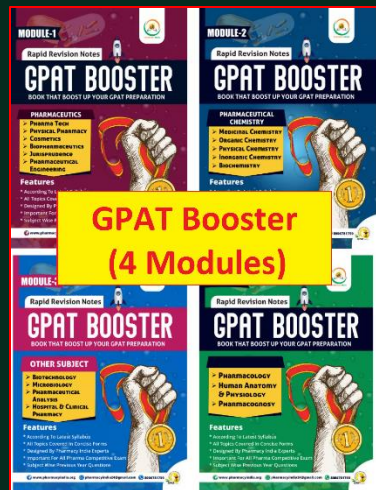
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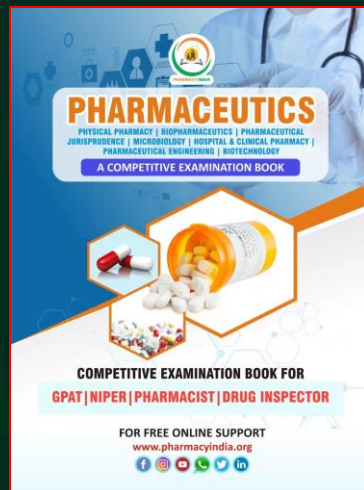
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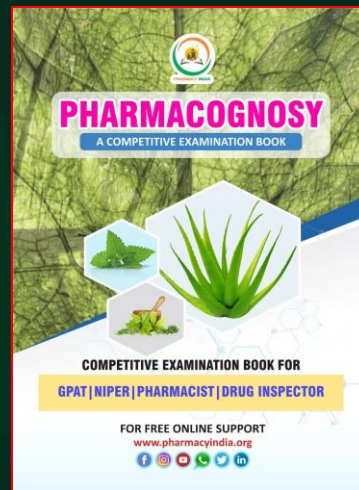
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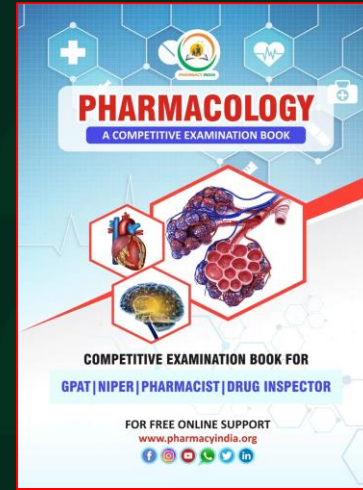
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41. The most important action of beta blockers in glaucoma is which of the following

- (a) Membrane stabilizing effect**
- (b) Retinal neuron protecting effect**
- (c) Decrease in the production of aqueous humour**
- (d) Pupillary constriction**

41. The most important action of beta blockers in glaucoma is which of the following

- (a) Membrane stabilizing effect**
- (b) Retinal neuron protecting effect**
- (c) Decrease in the production of aqueous humour**
- (d) Pupillary constriction**

- **Explanation:**

The most important action of **beta-blockers** in glaucoma is their ability to **reduce the production of aqueous humor** by the ciliary body. This action lowers **intraocular pressure (IOP)**, which is critical in the management of **open-angle glaucoma**.

1. Site of Action:

- Beta-blockers act on **β_2 -adrenergic receptors** located in the **ciliary epithelium** of the eye.

1. Reduction of Aqueous Humor Production:

- By blocking β_2 receptors, beta-blockers reduce **cAMP levels in the ciliary epithelium**, leading to a decrease in the secretion of aqueous humor.
- This reduction in aqueous humor production effectively lowers intraocular pressure.

2. Drugs Used:

- Common beta-blockers used in glaucoma include:
 - **Timolol** (most widely used).
 - **Betaxolol** (selective β_1 -blocker with fewer systemic side effects).
 - **Levobunolol, Carteolol.**

42.

All of the following are therapeutic uses of prazosin, except

- (a) Peripheral vascular disease**
- (b) Pheochromocytoma**
- (c) Lupus Erythematosus**
- (d) Scorpion sting**

42.

All of the following are therapeutic uses of prazosin, except

- (a) Peripheral vascular disease
- (b) Phaeochromocytoma
- (c) Lupus Erythematosus
- (d) Scorpion sting

. **Explanation:**

Prazosin is an **$\alpha 1$ -adrenergic receptor antagonist** that causes **vasodilation** by **relaxing smooth muscles** in the vasculature. It is primarily used to treat conditions related to hypertension, vascular disorders, and specific adrenergic crises. However, it is **not used for lupus erythematosus**, which is an autoimmune condition.

Therapeutic Uses of Prazosin:

- 1. Peripheral Vascular Disease**
- 2. Pheochromocytoma**
- 3. Scorpion Sting**

43. All of the following are cardio selective beta blockers except

- (a) Atenolol
- (b) Esmolol
- (c) Bisoprolol
- (d) Propranolol

43. All of the following are cardio selective beta blockers except

- (a) Atenolol
- (b) Esmolol
- (c) Bisoprolol
- (d) Propranolol**

- **Explanation:**

Cardioselective beta blockers selectively block **β_1 -adrenergic receptors**, which are primarily found in the heart. This selectivity helps **reduce heart rate, myocardial contractility**, and oxygen demand while minimizing side effects on the lungs and peripheral vasculature that result from blocking β_2 receptors.

Why Propranolol is Not Cardioselective:

1. Propranolol:

- **Non-selective beta blocker:** It blocks both **β_1 and β_2 receptors**.
- While it **reduces heart rate** and cardiac output by blocking β_1 receptors, it also **blocks β_2 receptors** in the bronchi and blood vessels, which can cause bronchoconstriction and vasoconstriction.
- It is **unsuitable** for patients with **asthma or COPD** due to its β_2 blockade.

44.

Beta blocker with peripheral vasodilator action is

- (a) Carvedilol**
- (b) Propranolol**
- (c) Atenolol**
- (d) Acebutolol**

44.

Beta blocker with peripheral vasodilator action is

(a) Carvedilol

(b) Propranolol

(c) Atenolol

(d) Acebutolol

- **Explanation:**

Carvedilol is a **non-selective beta blocker** with **peripheral vasodilator action** due to its additional **α 1-adrenergic receptor blocking** properties. This dual action makes it effective in conditions like hypertension and heart failure, where both beta blockade and vasodilation are beneficial.

Mechanism of Action of Carvedilol:

1. Beta Blockade:

- Blocks **β_1 and β_2 adrenergic receptors**, reducing heart rate, myocardial contractility, and cardiac output.

2. Alpha Blockade:

- Blocks **α_1 -adrenergic receptors** in vascular smooth muscle, causing **vasodilation**.
- This reduces **peripheral vascular resistance**, lowering blood pressure.

3. Antioxidant and Antiproliferative Properties:

- **Carvedilol** also exhibits **antioxidant effects**, which may contribute to its cardiovascular protective benefits.

45.

Combined alpha and beta blockers are

- (a) Carvedilol**
- (b) Prazosin**
- (c) Tamsulosin**
- (d) Milrinone**

45.

Combined alpha and beta blockers are

(a) Carvedilol

(b) Prazosin

(c) Tamsulosin

(d) Milrinone

• **Explanation:**

Carvedilol is a **combined alpha- and beta-adrenergic receptor blocker**. It exerts its effects by **blocking** both **α 1-adrenergic receptors** and **β -adrenergic receptors**. This dual mechanism makes it effective in managing conditions like **hypertension** and **heart failure**.

Mechanism of Action of Carvedilol:

1. Alpha-1 Adrenergic Receptor Blockade:

- Causes **vasodilation** by relaxing vascular smooth muscle.
- Reduces **peripheral vascular resistance**, helping to lower blood pressure.

2. Beta Adrenergic Receptor Blockade:

- **Blocks β_1 and β_2 receptors**, reducing heart rate, myocardial contractility, and oxygen demand.
- Protects the heart in conditions like heart failure and post-myocardial infarction.

3. Additional Properties:

- **Antioxidant activity** contributes to its **cardioprotective effects**.
- **Reduces afterload** and improves cardiac function in heart failure.

46.

True statement about esmolol is/are

- (a) It is an α Blocker**
- (b) It has a long half-life**
- (c) It is not cardio selective**
- (d) It can cause bradycardia**

46.

True statement about esmolol is/are

- (a) It is an α Blocker**
- (b) It has a long half-life**
- (c) It is not cardio selective**
- (d) It can cause bradycardia**

• **Explanation:**

Esmolol is a **cardioselective β_1 -adrenergic blocker** known for its **short half-life** and rapid onset and offset of action. It is used in acute settings like **supraventricular tachycardia** and **hypertensive emergencies**.

47.

Contraindications of beta blockers are

- (a) Anemia**
- (b) Heart block**
- (c) Hypertension**
- (d) Arrhythmia**

47.

Contraindications of beta blockers are

(a) Anemia

(b) Heart block

(c) Hypertension

(d) Arrhythmia

- **Explanation:**

- **Beta blockers** are **contraindicated** in certain medical conditions where their pharmacological effects may worsen the condition. The most significant contraindication is **heart block**, as **beta blockers reduce heart rate** and **AV nodal conduction**, which can exacerbate bradycardia or conduction delays.
- Beta blockers **decrease AV nodal conduction** and **heart rate**, which can worsen conduction abnormalities in patients with **heart block**, particularly in **second- or third-degree AV block**.
- They should be avoided in these patients unless a pacemaker is in place.

48. Which of the following is used in beta blocker overdose

- (a) Atropine**
- (b) Norepinephrine**
- (c) Insulin**
- (d) Thyroxin**

48. Which of the following is used in beta blocker overdose

(a) Atropine

(b) Norepinephrine

(c) Insulin

(d) Thyroxin

- **Explanation:**

In cases of **beta blocker overdose**, the **primary issue** is often **bradycardia** and **hypotension** caused by excessive blockade of β_1 -adrenergic receptors. Management focuses on reversing these effects, and **atropine** is one of the **first-line treatments** for **symptomatic bradycardia**.

Atropine:

- **Mechanism:** Atropine is an **anticholinergic drug** that blocks **parasympathetic (vagal) stimulation** of the heart via muscarinic receptors.

- **Effect:** It **increases heart rate** and **improves conduction** through the **AV node**, counteracting the bradycardia caused by beta blocker overdose.
- **Use:** Administered as the initial treatment for severe **bradycardia** due to beta blocker overdose.

49. Beta blockers with intrinsic sympathomimetic properties are

- (a) Propanolol**
- (b) Pindolol**
- (c) Esmolol**
- (d) Butoxamine**

49. Beta blockers with intrinsic sympathomimetic properties are

(a) Propanolol

(b) Pindolol

(c) Esmolol

(d) Butoxamine

- **Explanation:**

Intrinsic sympathomimetic activity (ISA) refers to the ability of some **beta blockers** to **partially activate β -adrenergic receptors** while simultaneously blocking the stronger effects of endogenous catecholamines like epinephrine and norepinephrine. Beta blockers with ISA are **less likely to cause bradycardia** or a significant reduction in cardiac output compared to beta blockers without ISA.

Beta Blockers with Intrinsic Sympathomimetic Activity (ISA):

1. Pindolol:

- A **non-selective beta blocker** with **strong ISA**.
- It acts as a **partial agonist** at β_1 and β_2 receptors.
- It is useful in patients requiring beta-blockade but at a lower risk of developing severe bradycardia or fatigue.

2. Acebutolol:

- A **cardioselective β_1 blocker** with **ISA**, making it suitable for patients with **mild bradycardia** or **peripheral vascular disease**.

50.

Which of the following is a selective β_2 antagonist

- (a) Esmolol**
- (b) Betaxolol**
- (c) Butoxamine**
- (d) Celiprolol**

50.

Which of the following is a selective β_2 antagonist


- (a) Esmolol
- (b) Betaxolol
- (c) Butoxamine**
- (d) Celiprolol

• **Explanation:**

Butoxamine is a **selective β_2 -adrenergic antagonist**, meaning it specifically **blocks β_2 receptors** found in **smooth muscle** (e.g., in the bronchi, blood vessels, and uterus). It is primarily used in research settings rather than clinical practice due to its limited therapeutic applications and potential to cause bronchoconstriction.

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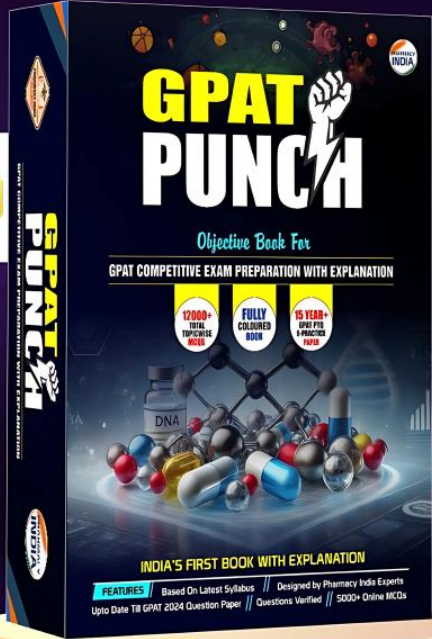
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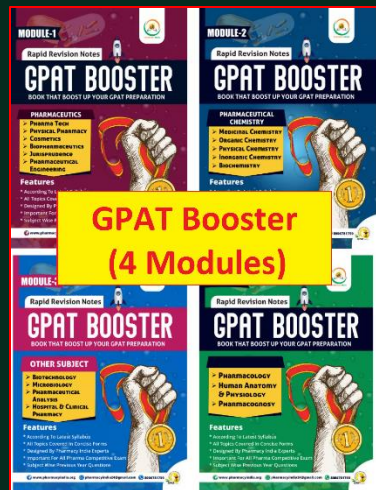
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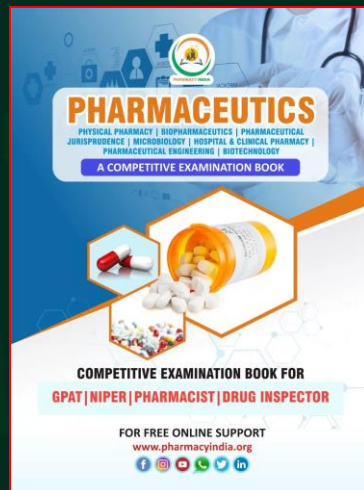
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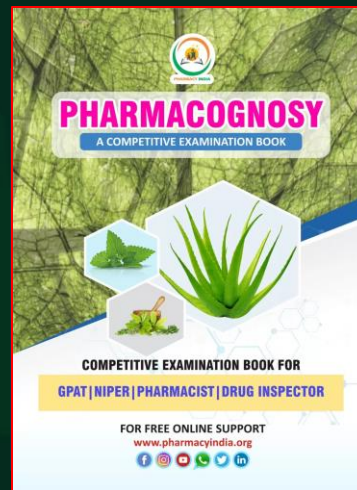
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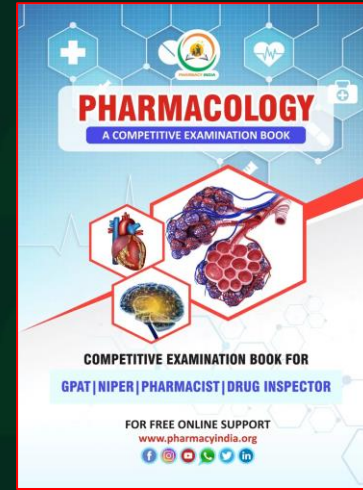
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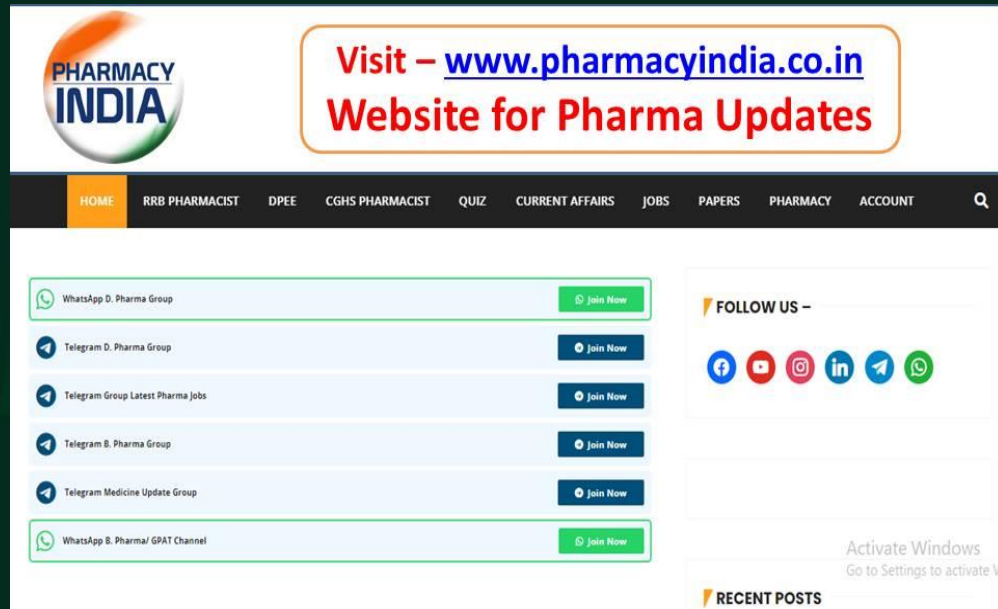
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