



Best Time Table for B.Pharm Students

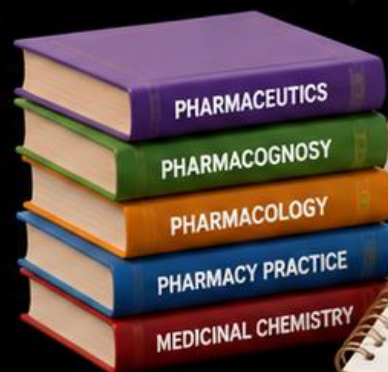


Smart Study Plan for Academic Success



Introduction

-  B.Pharm needs **regular study** + **practical skills**.
-  A timetable helps **manage classes**, **self-study**, and **revision**.
-  Balanced planning **improves marks**, **discipline**, and **confidence**.





Common Problems of B.Pharm Students



Know the Challenges, Find the Solutions



1

Long
college hours



Tiring days,
less energy.



2

Multiple subjects
in one semester



Too much to study,
hard to manage.



3

Practical files
and records

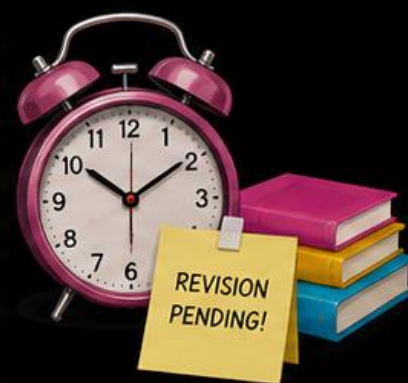


Time-taking &
often pending.



4

Less
revision time



Syllabus is big,
time feels less.



5

Procrastination +
poor sleep schedule



Low focus today,
more stress tomorrow.



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Subject Priority



Give more time to core subjects



1

Pharmacology



HIGHEST PRIORITY



2

Pharmaceutics



HIGH PRIORITY



3

Pharmaceutical Chemistry



HIGH PRIORITY



4

Pharmacognosy



MEDIUM PRIORITY



5

Human Anatomy & Physiology



MEDIUM PRIORITY



6

Pharmaceutical Analysis



LOWER PRIORITY





Benefits of proper planning



1



Organizes every
subject **effectively**.

2



Less stress,
more confidence.

3



Daily progress
leads to **success**.

4



Stay ahead and avoid last minute rush.

5

A balance scale with a horizontal beam supported by a central vertical pillar. On the left pan, there is a stack of four books. On the right pan, there is a single heart. The scale is balanced, indicating that the weight of the books is equal to the weight of the heart.

Time for study,
rest & yourself.



STUDY SCHEDULE

MON	TUE	WED	THU	FRI	SAT	SUN
	✓	✓	✓	✓	✓	✓
✓				✓	✓	
				✓	✓	
		📖			🎓	
	✓	✓	📖	✓		



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Weekly Study Plan



Plan Well. Study Smart. Stay Consistent. Succeed!



MON	TUE	WED	THU	FRI	SAT	SUN



Plan ☒
Focus ☒
Achieve ☒

1

MONDAY TO FRIDAY

Daily subject-wise study



- ☒ Follow timetable
- ☒ Focus on one subject at a time
- ☒ Make short notes
- ☒ Solve examples

2

SATURDAY

Revise full week topics



- ☒ Revisit Notes
- ☒ Clear Doubts

3

SUNDAY

Test, MCQs, pending work, and planning



Test



MCQs



Pending Work



Plan Next Week





Ideal Daily Time Table



Plan Your Day, Achieve Your Dreams



1



Morning

- Quick revision of previous topic.

2



College Hours

- Attend lectures and practicals actively.

3



Evening

- Complete practical records and assignments.

4



Night

- Study 1 to 2 theory subjects + make short notes.





Practical File Management



Organized Today, Successful Tomorrow



1



Complete records
on the **same day**.

2



Do not wait for
submission date.

3



Keep diagrams **clean**
and **labelled**.

4



Include **observation**,
calculation, and **conclusion**.



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Golden Rule of Time Management



DAILY
Study



Daily study
builds concepts.



**“ Study daily,
revise weekly,
test monthly.”**



MONTHLY
Test



Monthly tests
check progress.



WEEKLY
Revision



Weekly revision
improves memory.



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Exam Preparation Strategy



Plan Smart • Study Consistently • Score Higher



Read
syllabus
first

1



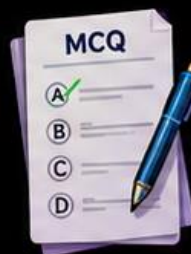
Make
short
notes

2



Mark
important
topics

3



Practice
MCQs and
long
answers

4



Revise
previous
year
questions

5



Attempt
mock
tests

6



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Sample Daily Time Table



Plan Your Day. Stay Consistent. Achieve More.



6:00–7:00 AM

9:00 AM–4:00 PM

5:00–6:00 PM

6:00–8:00 PM

8:00–9:00 PM

9:00–10:30 PM

10:30 PM

1

2

3

4

5

6

7



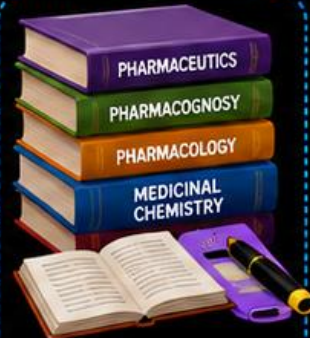
Revision



College /
Classes /
Practical



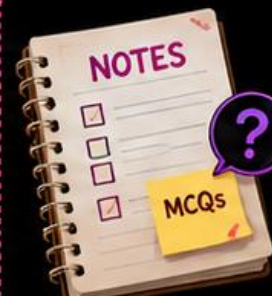
Rest +
Refresh



Main Subject
Study



Dinner
Break



Notes +
MCQs +
Revision



Sleep



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Best Study Techniques



Study Smart • Remember Better • Score Higher



Rx



1

Pomodoro Method



25 min study
+ 5 min break.



2

Active Recall



Test yourself
instead of
only reading.

3



Simplify tough
topics quickly.

Flowcharts & Tables

	Fact	Opinion
	✓	✓
	✓	✓
	✓	✓

4

Mind Maps



Connect
concepts for
better memory.

5

Short Notes



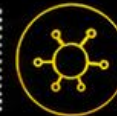
Write crisp
handwritten
revision notes.

6

Daily Revision



Revise every
day to stay
confident.



Conclusion

Plan Well • Stay Consistent • Succeed

1



Smart Planning

A good timetable means studying with **planning**, not all day.

2



Balanced Routine

Balance **theory**, **practicals**, **revision**, and **rest**.

3



Consistency + Discipline

Small daily efforts improve **marks** and **confidence**.

4



Career Success

A proper timetable builds **academic success** and a strong **pharmacy career**.



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DOWNLOAD "PHARMACY INDIA" MOBILE APP



SCAN ME



Mobile Phone Par Click karein

DAILY UPDATES
जुड़िए **PHARMACY INDIA**
के साथ.....

**WHATSAPP & TELEGRAM SE JUDNE KE LIYE
ICONS PAR CLICK KARE**

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